



EPF Newsletter no. 1 - January/February/March 2012

by Arnulf Wahlström

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1. EPF General Assembly 2012.

The EPF General Assembly will take place in Mariupol in Ukraine 7 May 2012. at 19:00 hr.

The Agenda for the meeting will be distributed 7 April. Please bring the Agenda with you to the meeting.

Please prepare to confirm your bids for organizing European championships and cups in 2013 and 2014 and send new bids for 2015 to the EPF Secretary General within 23 April.

2. Sponsor contract with Eleiko.

EPF has made an agreement with Eleiko that all European federations, ordering Eleiko equipment for hosting European championships or national competitions, will get a highest possible discount from Eleiko.

All member federations planning to purchase equipment should contact first EPF as such orders need to be recommended by EPF to gain maximum discount from

The contract will make it easier for our member federations to buy good equipment to lower cost to the benefit of athletes at national and international level.

3. Twitter.

EPF has set up a link to Twitter from the EPF web page. Hopefully, this will be a forum of both EPF news and for discussions among our members. The EPF management will join Twitter and Ralph Farquharson will supervise the forum on behalf of EPF.

4. National Antidoping report.

According to the IPF antidoping rules 14.2, all national federations must report their national antidoping activity in 2011 within 31 March 2012.

Please send the report to the IPF President Detlev Albrings with a copy to EPF President Arnulf Wahlström.

The report must be specified in:

- Name of the reporting National federation: 1)
- Total number of doping tests:
- Number of ICT/OCT tests: 3)
- Number of Men/Women tested: 4)
- Number of positives and the reason:
- Name of the analyzing laboratory

Still some nations have not sent in their report. Failing to report will suspend a federation from taking part in any international competition until the report is received by IPF/EPF.

The IPF fine for not reporting in time is 500 Euro.

5. Greetings from the President.

The EPF Media committee, headed by Ralph Farquharson, has worked out championship music to be used at European championships. This is appropriate music for the opening ceremony, the victory ceremony and the medal ceremony. Also music to accompany the lifters to the platform and music to be played in the breaks are provided.

The music provided, will highlight the ceremonies and hopefully stimulates the lifters as well as the audience to support the lifters with applauds.

The music play list will be obligatory at all European championships and cups.

The EPF EC is in negotiation with the La Manga Club in Spain to provide a training centre for powerlifting. La Manga Club is well known by several sports as a perfect center for training and cups etc. during winter time. If an agreement is reached, La Manga Club will set up appropriate powerlifting equipment and federations, clubs and private persons may book in for training sessions. It will also be perfect to bring family members and combine training and holiday

The EPF EC is also negotiating with the company 213kg .com . This is a company selling powerlifting and weightlifting shoes. The name of the company reflects a world record in weightlifting and the record setter used this kind of shoes..

European Open is the first European championships this year. Ukraine has previously hosted the European Open (Women) in 1998 in Cherkasy and the European Juniors 2008 in Mariupol and I hope the organizers in Mariupol will have great success in providing a good venue. The standards at our European championships have been raised from year to year and only the best possible standard is accepted for our athletes.

I wish the organizer good luck with the comprehensive work and also good luck to the lifters preparing for this important championship.

/ Arnulf Wahlström

EPF web: http://www.europowerlifting.org

EPF Account:

European Powerlifting Federation IBAN no: LU30 0019 2055 5957 1000. Swift or Bic code: BCEELULL

Name of Bank: Banque et Caisse d'Epargne de l'Etat Luxembourg.

