

- Meets
- Lifters
- Clubs
- Team Competition
- Rankings
- Records
- Kraft.is

 Search

[Home](#) / [Meets](#) / [2017](#) / Reykjavík International Games

## Reykjavík International Games

29-01-2017

Reykjavík, Iceland

### Women - Open

#	Name	Born	Weight	Squat			Benchpress			Deadlift			Total	Wilks
				1	2	3	1	2	3	1	2	3		
<b>57 kg</b>														
1	<a href="#">Joy Nnamani</a>	1992 S	55,80	132,5	140,0	145,0	72,5	77,5	80,0	180,0	190,5	200,0	415,5	490,2
2	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	1981 S	56,20	115,0	115,0	117,5	75,0	77,5	80,0	145,0	150,0	155,0	352,5	413,6
<b>72 kg</b>														
1	<a href="#">Kimberly Walford</a>	1978 S	69,85	177,5	182,5	187,5	102,5	107,5	110,0	227,5	240,0	243,0	535,5	533,8
2	<a href="#">Jennifer Thompson</a>	1973 M1	63,15	125,0	137,5	142,5	125,0	140,0	144,0	160,0	180,0	190,0	471,5	505,2
3	<a href="#">Arnildur Anna Arnadóttir</a>	1992 S	70,95	150,0	152,5	155,0	77,5	80,0	82,5	160,0	165,0	170,0	405,0	399,0
4	<a href="#">Birgit Rós Becker</a>	1989 S	71,25	160,0	165,0	167,5	70,0	72,5	75,0	157,5	162,5	162,5	395,0	388,4
<b>84 kg</b>														
1	<a href="#">Alexandra Guðlaugsdóttir</a>	1993 S	72,20	110,0	122,5	130,0	77,5	82,5	90,0	115,0	125,0	135,0	337,5	328,8
<b>84+ kg</b>														
1	<a href="#">Rósa Birgisdóttir</a>	1974 M1	136,55	150,0	160,0	160,0	85,0	90,0	95,0	170,0	180,0	187,5	420,0	328,1
2	<a href="#">Sóley Margrét Jónsdóttir</a>	2001 SJ	96,65	150,0	160,0	170,0	62,5	70,0	75,0	150,0	160,0	172,5	417,5	351,4

### Men - Open

#	Name	Born	Weight	Squat			Benchpress			Deadlift			Total	Wilks
				1	2	3	1	2	3	1	2	3		

74 kg														
1	<a href="#">Sami Nieminen</a>	1975 M1	73,35	220,0	220,0	230,0	147,5	152,5	-	285,0	302,5	311,0	667,5	482,9
105 kg														
1	<a href="#">Einar Örn Guðnason</a>	1991 S	104,45	262,5	277,5	282,5	175,0	185,0	185,0	260,0	275,0	282,5	737,5	441,6
2	<a href="#">Ingvi Örn Friðriksson</a>	1994 J	102,10	225,0	240,0	255,0	135,0	145,0	152,5	250,0	265,0	275,0	657,5	396,9
120 kg														
1	<a href="#">Viktor Samúelsson</a>	1993 S	118,95	270,0	280,0	290,0	185,0	195,0	205,0	290,0	305,0	312,5	807,5	465,2
2	<a href="#">Ádám Gulyás</a>	1988 S	108,30	220,0	232,5	242,5	155,0	162,5	167,5	280,0	295,0	305,0	715,0	422,9
3	<a href="#">Aron Friðrik Georgsson</a>	1989 S	117,95	250,0	270,0	270,0	155,0	170,0	172,5	245,0	255,0	255,0	667,5	385,3
120+ kg														
1	<a href="#">Júlían J. K. Jóhannsson</a>	1993 S	164,00	290,0	315,0	325,0	170,0	180,0	190,0	315,0	350,0	365,0	860,0	469,7

## Records

Age Category	Weight Category	Name	Discipline	Mark
Open	57 kg (f)	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	Squat, Classic	117,50
Open	57 kg (f)	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	Benchpress, Classic	80,00
Open	57 kg (f)	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	Deadlift, Classic	155,00
Open	57 kg (f)	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	Total, Classic	347,50
Open	57 kg (f)	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	Total, Classic	352,50
Open	57 kg (f)	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	Benchpress Singlelift, Classic	80,00
Open	57 kg (f)	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	Deadlift Singlelift, Classic	155,00
Open	72 kg (f)	<a href="#">Arnildur Anna Árnadóttir</a>	Total, Classic	405,00
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Squat, Classic	150,00
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Squat, Classic	150,00
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Squat, Classic	160,00
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Squat, Classic	160,00
Open	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Squat, Classic	170,00
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Squat, Classic	170,00
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Squat, Classic	170,00
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Benchpress, Classic	75,00
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Deadlift, Classic	172,50

Age Category	Weight Category	Name	Discipline	Mark
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Deadlift, Classic	172,50
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Total, Classic	395,00
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Total, Classic	395,00
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Total, Classic	405,00
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Total, Classic	405,00
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Total, Classic	417,50
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Total, Classic	417,50
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Benchpress Singlelift, Classic	75,00
Junior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Deadlift Singlelift, Classic	172,50
Subjunior	84+ kg (f)	<a href="#">Sóley Margrét Jónsdóttir</a>	Deadlift Singlelift, Classic	172,50
Open	105 kg (m)	<a href="#">Einar Örn Guðnason</a>	Squat, Classic	277,50
Open	105 kg (m)	<a href="#">Einar Örn Guðnason</a>	Benchpress, Classic	185,00
Open	105 kg (m)	<a href="#">Einar Örn Guðnason</a>	Total, Classic	737,50
Open	120 kg (m)	<a href="#">Viktor Samúelsson</a>	Deadlift, Classic	312,50
Open	120 kg (m)	<a href="#">Viktor Samúelsson</a>	Total, Classic	800,00
Open	120 kg (m)	<a href="#">Viktor Samúelsson</a>	Total, Classic	807,50
Open	120 kg (m)	<a href="#">Viktor Samúelsson</a>	Deadlift Singlelift, Classic	312,50
Open	120+ kg (m)	<a href="#">Júlían J. K. Jóhannsson</a>	Squat, Classic	315,00
Open	120+ kg (m)	<a href="#">Júlían J. K. Jóhannsson</a>	Deadlift, Classic	350,00
Open	120+ kg (m)	<a href="#">Júlían J. K. Jóhannsson</a>	Deadlift, Classic	365,00
Open	120+ kg (m)	<a href="#">Júlían J. K. Jóhannsson</a>	Total, Classic	845,00
Open	120+ kg (m)	<a href="#">Júlían J. K. Jóhannsson</a>	Total, Classic	860,00
Open	120+ kg (m)	<a href="#">Júlían J. K. Jóhannsson</a>	Deadlift Singlelift, Classic	350,00
Open	120+ kg (m)	<a href="#">Júlían J. K. Jóhannsson</a>	Deadlift Singlelift, Classic	365,00

## Wilks ranking

#	Name	Team	Gender	Weight	Total	Wilks
1	<a href="#">Kimberly Walford</a>	USA	F	69,85	535,5	533,8
2	<a href="#">Jennifer Thompson</a>	USA	F	63,15	471,5	505,2

#	Name	Team	Gender	Weight	Total	Wilks
3	<a href="#">Joy Nnamani</a>	GBR	F	55,80	415,5	490,2
4	<a href="#">Sami Nieminen</a>	FIN	M	73,35	667,5	482,9
5	<a href="#">Júlían J. K. Jóhannsson</a>	ISL	M	164,00	860,0	469,7
6	<a href="#">Viktor Samúelsson</a>	ISL	M	118,95	807,5	465,2
7	<a href="#">Einar Örn Guðnason</a>	ISL	M	104,45	737,5	441,6
8	<a href="#">Ádám Gulyás</a>	HUN	M	108,30	715,0	422,9
9	<a href="#">Ragnheiður Kr. Sigurðardóttir</a>	ISL	F	56,20	352,5	413,6
10	<a href="#">Arnhildur Anna Árnadóttir</a>	ISL	F	70,95	405,0	399,0
11	<a href="#">Ingvi Örn Friðriksson</a>	ISL	M	102,10	657,5	396,9
12	<a href="#">Birgít Rós Becker</a>	ISL	F	71,25	395,0	388,4
13	<a href="#">Aron Friðrik Georgsson</a>	ISL	M	117,95	667,5	385,3
14	<a href="#">Sóley Margrét Jónsdóttir</a>	ISL	F	96,65	417,5	351,4
15	<a href="#">Alexandra Guðlaugsdóttir</a>	ISL	F	72,20	337,5	328,8
16	<a href="#">Rósa Birgisdóttir</a>	ISL	F	136,55	420,0	328,1

Data and editorial content is copyright 2010-2017 [Kraft.is](#) | Code and functionality is owned by [Liberatum Solutions](#) | Results maintained by [highly valued volunteers](#)

Feedback, missing meets, questions? See the [feedback page](#) and the [FAQ](#).

Created on: 31-01-2017 09:42:58