



# HIGH PERFORMANCE POWERLIFTING CENTRE

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## Terms and conditions for booking EPF High Performance training centre at La Manga Club

The accommodation is set in an unrivalled hillside position with panoramic views, the superbly equipped apartments and stylish guestrooms at 4\*\*\*\* Las Lomas Village are located conveniently close to the Gymnasium. In the apartments, each bedroom benefits from its own en-suite bathroom assuring the utmost privacy, whilst a spacious living area provides a social focal point for each team. As an added benefit, you will enjoy complimentary use of the indoor swimming pool, fitness Centre, sauna steam room at the Gymnasium at La Manga Club



## Requirement for accommodation booking

Full Name of (Team Leader): .....

Contact phone number: ..... Email address.....

Number of people: .....

Arrival date: ..... Time: ..... Airport Flight Nr: .....

Departure date: ..... Time: ..... Airport Flight Nr: .....

We Need: ..... Single room from..... to .....Twin room from .....to: .....

Signature: .....Date: .....

Please complete sign and date where indicated.

### **Las Lomas athletes Village Apartment\*\*\*\***

#### **Low season**

#### **Full Board package Las Lomas Village 4\* includes Breakfast, Lunch and evening meal**

- From 01/11/2013 to 25/01/2014 and 01/5/2014 to 30/6/2014
- For stay of 5 nights --- Twin room occupancy 510 Euros per person
- For stay of 5 nights --- Single room occupancy 680 Euros
- For stay of 7 nights --- Twin room Occupancy 714 Euros per person
- For stay of 7 nights --- Single room Occupancy 952 Euros

#### **Medium Season**

#### **Full Board package Las Lomas Village 4\* includes Breakfast, Lunch and evening meal**

- From 26/01/2014 to 30/04/2014, 01/7/2014 to 31/7/2014, 24/8/2014 to 31/10/2014
- For stay of 5 nights---Twin room occupancy 540 Euros per person
- For stay of 5 nights ---Single room occupancy 740 Euros
- For stay of 7 nights ---Twin room occupancy 756 Euros per person
- For stay of 7 nights ---Single room occupancy 1.036 Euros

#### **High Season**

#### **Full Board package Las Lomas Village 4\* includes Breakfast, Lunch and evening meal**

- From 01/8/2014 – 23/8/2014
- For stay of 5 nights ---Twin room occupancy 645 Euros per person
- For stay of 5 nights ---Single room occupancy 945 Euros
- For stay of 7 nights ---Twin room occupancy 903 Euros per person
- For stay of 7 nights ---Single room occupancy 1.323 Euros

#### **Low Season**

#### **Half Board package Las Lomas Village 4\* includes breakfast and evening meal**

- From 01/11/2013 to 25/01/2014 and 01/5/2014 to 30/6/2014
- For stay of 5 nights --- Twin room occupancy 370 Euros per person
- For stay of 5 nights --- Single room occupancy 540 Euros
- For stay of 7 nights --- Twin room Occupancy 518 Euros per person
- For stay of 7 nights --- Single room Occupancy 756 Euros

#### **Medium Season**

#### **Half Board package Las Lomas Village 4\* includes breakfast and evening meal**

- From 26/01/2014 to 30/04/2014, 01/7/2014 to 31/7/2014, 24/8/2014 to 31/10/2014
- For stay of 5 nights---Twin room occupancy 400 Euros per person
- For stay of 5 nights ---Single room occupancy 600 Euros
- For stay of 7 nights ---Twin room occupancy 560 Euros per person
- For stay of 7 nights ---Single room occupancy 840 Euros

#### **High Season**

#### **Half Board package Las Lomas Village 4\* includes breakfast and evening meal**

- From 01/8/2014 – 23/8/2014
- For stay of 5 nights ---Twin room occupancy 505 Euros per person
- For stay of 5 nights ---Single room occupancy 805 Euros
- For stay of 7 nights ---Twin room occupancy 707 Euros per person
- For stay of 7 nights ---Single room occupancy 1.127 Euros

All Prices are per person and includes 10 % VAT.

## Conditions

The conditions herein are valid until 31<sup>st</sup> December 2014

- Daily cleaning
- WIFI connection in apartment
- Free access to the indoor pool, sauna and steam room at La Manga Club Gymnasium
- Training sessions at the Gymnasium

## Deposit

In order to guarantee your reservation, a deposit of 30% of the total cost of your group accommodation will be charged at the time of booking, by bank transfer

**Special Note:** The EPF will not be responsible for any accommodation bills or any other services. All delegates must pay directly to La Manga club the deposit of 30% for their accommodation by bank transfer.

La Manga Club Bank Details

**La Manga Club S.L**

**Cajamurcia: Swift Code: CECAESMM043**

**IBAN: ES62 20430090372007000984**

**Oficina Central Gran Vía Escultor Salcillo 23, 30005 Murcia**

**Group leader contact number.....email.....**

Final Payment must be received at the above mentioned bank account at the latest 7 days prior to arriving at La Manga Club

**Please Advice any special requirement and Dietary requirements**

## Other Details

Flights transfers required (will be additional cost): Yes / No please state: .....

Transfer Alicante Airport to La Manga Club (One way) up to 3 people €100.00, or 9 seater Mini-Bus €200.00

Transfer Murcia Airport to La Manga Club (One way) up to 3 people €50.00, or 9 Seater Mini-Bus €110.00

**Transport cost must be paid to Ralph Farquharson on arrival**

For enquire and booking: Contact Ralph Farquharson

Contact phone no: +34 966 733367, Mobile +34 650041559 email [enquire@europowerlifting.org](mailto:enquire@europowerlifting.org)