



European Powerlifting Federation

General Assembly 2017.

7 May in Malaga, Spain

AGENDA.

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|---|--|
| 1. Welcome by the President and the Meet director | Arnulf Wahlstrøm , Francisco Gutierrez |
| 2. Roll call of Nations and Delegates..... | Ralph Farquharson |
| 3. Presidents address..... | Arnulf Wahlstrøm |
| 4. Minutes of the last General Assembly. | |
| 5. The Account with the balance sheet. | |
| Treasurers report..... | Linda Hoeiland |
| Auditors report..... | Pavol Müller and Thomas Högberg |
| Approval of budget for 2017..... | Linda Hoeiland |
| 6. Secretary General report..... | Ralph Farquharson |
| 7. Vice President report..... | Sandro Rossi |
| 8. Committee Reports: | |
| - Technical | Myriam Busselot |
| - Law and Legislation | Jari Rantapelkonen |
| - Finance....(see Auditors report)..... | Pavol Müller and Thomas Högberg |
| - Women's | Maria Pia Moscianese |
| - Championship Secretary | Jiri Hofirek |
| - Media | Ralph Farquharson |
| 9. Elections (no election 2017) | |
| 10. Proposals | |
| 11. New member Applicants | |
| 12. Action on Delinquent Nations | |
| 13. Hall of Fame | |
| 14. Bids and confirmation on Future Championships | |
| 15. Any other Business | |
| 16. Adjournment | |

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- Technical meeting with team nominations and technical details after the General Assembly.
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3) President's report.

Welcome.

On behalf of EPF I wish delegates and guests welcome to the 2017 European General Assembly. I want to thank the meet director Francisco Gutierrez and SPF President Luis Tudela, for again inviting us to Malaga and I am looking forward to a pleasant stay and a well organised championship.

40 years celebration of EPF.

EPF was founded in 1977, meaning the federation is now 40 years old. The foundation took part in Turku Finland by Finland, Great Britain, Sweden and Norway. These countries started the powerlifting sport in Europe and many countries have since then joined the federation.

I have taken part 38 years in international powerlifting, so I have experienced the big growth and the big development of our sport. It is really a big change and the biggest change is the equipment, the training systems and the improving quality of the organization and the media focus. EPF has grown to a big federation with a majority of the European countries as full members, provisional members or applying members – in total about 40 members.

Today, EPF is a part of IPF and a modern organization with strategies rooted in the IOC and WADA directives. Both IPF and EPF works tirelessly to be compatible with the IOC member federations and have more or less fulfilled all what are required. Only the final IOC recognition remains.

EPF has plans for the future – plans how EPF shall develop. This is specified in the EPF Strategic Plan - discussed and decided at the GA 2016 and revised for this GA to be discussed.

This is all about the values and the missions for our sport now and in the future and is very important to make EPF a respected federation and a symbol of fair play in sport.- a federation people want to be a part of and want to represent.

EPF is you and me and all the national members – we are a big team and the love for powerlifting and the wish to bring the sport forward tie us together into one big federation.

Happy birthday!

European Championships 2016.

A lot of hard work and good planning created European championships of good technical and social standard in 2016. Statistics show that all together 1083 (*1091) lifters took part in European championships in year 2016.

It is a high standard on European lifters. **Victoria Karlysheva** from Russia and **Oleksiy Rokochiy** from Ukraine were awarded **European equipped power-lifters 2016** and **Sofia Loft** from Sweden and **Kruze Martins** from Latvia were awarded **European classic power-lifters**. Congratulation!

European championships 2016 were organised in:

| | | | | | |
|---------------------------|----------------------|------------|---------|------------|-------|
| • Pilsen, Czech Rep.. | (Open equipped) | 70 (*74) | Men and | 55 (*47) | Women |
| • Tartu, Estonia . | (Open/J/SJ classic) | 215 (*187) | Men and | 143 (*120) | Women |
| • Malaga, Spain | (Juniors/Subjuniors) | 55 (*75) | Men and | 42 (*49) | Women |
| • Pilsen, Czech. Rep. | (Masters) | 115 (*118) | Men and | 37(*35) | Women |
| • Keflavik, Iceland | (Benchpress Open) | 52 (*63) | Men and | 27(*43) | Women |
| • Hamm, Luxembourg | (Benchpress Masters) | 117 (*147) | Men and | 51 (*54) | Women |
| • Borgaro Torinese, Italy | (WEC) | 64 (*25) | Men and | 40 (*22) | Women |

* = numbers in 2015.

Antidoping.

In year 2016, EPF made 120 (115 in 2015) doping tests at European championships. This means that about 11% of all lifters were tested. 6 lifters tested positive - and have received warnings or suspension up to 4 years.

Never before we have had 6 positives in one year. However, two of the lifters received only warnings and they lost their medals. This is still a severe setback for the anti-doping work within EPF.

We all know how important the anti-doping work is for the sport of powerlifting to be accepted by IOC and also worldwide as a sport with integrity. The fight against doping abuse has the highest priority within both EPF and IPF. Only by controlling this cheating we can all be proud to represent the sport of powerlifting.

Please all member nations – focus on your anti-doping work! Only 0 positives at European championships is accepted in the future.

High standard of European lifters.

EPF is one Region of total 6 IPF Regions and European lifters won more than 50% of the medals in World championships 2016. This high level is a result of hard work by the athletes but also a big credit to European coaches and training systems as well as the leadership in national clubs and federations. You should all be very proud of this success!

Strategic planning.

The EPF EC has every year worked out GA proposals and made up documents and routines to improve the organisation of powerlifting in Europe and to prepare for the future.

The document named “***Strategic plan 2016-2019***” was accepted by the GA last year. In this document our views and plans for the future are included and helps us to work towards common goals. This document will be our guide-line for the coming years.

This year an update is made after inviting our member federations to give inputs. Inputs from Austria, Norway and the EC are included in the revised issue we shall discuss and vote about today.

Marketing strategy, corporate identity and Media.

EPF has established committees to work with the Corporate Identity, Marketing and Media.

The members are both professional (paid people) and volunteers. Eric Rupp from Germany is central in this project. His company has made several assignments for EPF including development and maintenances of the EPF web and this company created the new EPF logo few years ago.

The work to get EPF an ***identity*** regarding all paper work and documents are more or less completed. You will notice that all papers from EPF have similar emblem and yellow lines. This you find in all official documents, letter-heads, business cards etc. All EPF officials have created EPF signatures when sending official e-mails as well.

The idea is that EPF shall be recognized in all aspects by its identity.

The ***Media committee*** has made great progress throughout the year. The work prior to our championships and during our championships has been more comprehensive to focus on our lifters and organizers.

Posting of information at Facebook with news, pictures and videos have increased and a lot of pictures of our lifters are posted at Facebook, web and Twitter.

The Media committee members do a really great job to highlight our sport!

Streaming.

In 2016, EPF made high quality live streaming from the European Open powerlifting championships and the European Junior/sub-Junior powerlifting championships.

Viva TV, headed by Richard Haywood and in cooperation with Eric Rup, provided recordings of a very good quality. Combined with the commentating by Martin Flett and Ralph Farquharson, these two streaming were really a highlight of our sport.

During one week, about 150.000 load-downs were registered besides a high number of load downs from the recorded streaming at YouTube and video clips at Facebook. The streaming reached a lot of people not only in Europe but World-wide as well.

Thanks to the EPF Officials.

The administration and daily work to run EPF are increasing from year to year. EPF is in need of an employed Secretary to assist with all the paper work. For the moment, the economy does not allow such employment, so the EPF officials are doing a great voluntary work to keep up everything. Some officials have more or less a full time work with EPF matters.

No federation or company is better than the people doing the work and I am proud to state that EPF has dedicated and hardworking officials that cooperate perfect in the administration team and also cooperate well with our members.

Thank you very much to the Board members Linda Hoeiland, Ralph Farquharson, Myriam Busselot, Sandro Rossi, Jiri Hofirek and Jari Rantapelkonen as well as all EPF officials in various committees - you do a great work to run and administrate EPF!

Oleksander Kopaev is our employed Computer secretary and works tirelessly at every European championship. His efforts on computer programming and competition registration is a great part of running perfect organized championships. A big thank you to "Sacha"!

Good luck.

I hope we will have useful discussions and make good decisions at this General Assembly and I wish you all a successful Open European Powerlifting Championships 2017.

Arnulf Wahlstrøm, EPF President

4) Minutes of the last Congress.

The Minutes can be loaded down from the EPF web.

No remarks have been received.

5) EPF Account 2016 (All values are in Euro)

Treasurer Report 2016

24.03.2017

The summary of the last ten years of bank account movements is shown in the following listing:

The following financial evolution in the EPF accounts stands (for the last ten years):

| | | |
|------|-----------------|--|
| 2007 | 70.649,48 Euro | (EPF business account 1.892,52 + EPF savings account 68.756,96) |
| 2008 | 84.106,17 Euro | (EPF business account 1.906,50 + EPF savings account 82.199,67) |
| 2009 | 84.144,37 Euro | (EPF business account 969,22 + EPF savings account 83.175,15) |
| 2010 | 92.326,16 Euro | (EPF business account 526,26 + EPF savings account 91.799,90) |
| 2011 | 97.653,30 Euro | (EPF business account 206,01 + EPF savings account 97.447,29) |
| 2012 | 90.050,38 Euro | (EPF business account 53,25 + EPF savings account 89.997,13) |
| 2013 | 92.155,65 Euro | (EPF business account 50,45 + EPF savings account 92.105,20) |
| 2014 | 94.910,66 Euro | (EPF Business account 1713,20 + EPF savings account 93.197,46) |
| 2015 | 94.085,32 Euro | (EPF Business account 264,87 + EPF savings account 93.037,46) |
| 2016 | 111.290,01 Euro | (EPF Business account 18.243,56 + EPF savings account 93.046,45) |

The EPF accounting has been done based on a double entry accounting system, which gives a good presentation of the income and cost related to the activities in year 2016. The movements of the two EPF accounts are shown in the top overview so it should still be easy to read the amount belonging to the EPF accounts at the year end. The benefit of a double entry accounting system is to separate income and cost related to one year of activities. This makes it easy to compare the actual cost and income to the budget of the specific year.

In the *Balance* below you will find numbers for 31.12.2016 compared to 31.12.2015. The balance gives an overview of the global financial situation for the EPF by end of 2016. Here the amounts of money on the two EPF bank accounts are shown, and outstanding payments from sponsors and membership fees related to 2016 are accounted for as *Total receivables* (see notes for details). Some expenses related to 2017 has been paid in 2016, and this amount is shown as *Total pre-paid expenses* (see notes for details). Left over from anti-doping fees from result 2016 are transferred to a new *Anti-doping fund* (see notes for details). Outstanding payments related to 2016 are listed as *Short term not interest-bearing liabilities* (see notes for details).

Balance - Global financial situation - EPF

| Note | Assets | 31.12.2016 | 31.12.2015 |
|------|---|-------------------|-------------------|
| | Business account LU300019205559571000 | 18 243,56 | 264,87 |
| | Savings account LU430019651241234000 | 93 046,45 | 93 037,46 |
| 1 | Total receivables | 3 078,60 | 3 544,40 |
| 2 | Total prepaid expenses | 441,79 | |
| | Total assets | 114 810,40 | 96 846,73 |
| | | | |
| | Equity and liabilities | 31.12.2016 | 31.12.2015 |
| | EPF - capital | 102 551,90 | 93 456,80 |
| 3 | Anti-doping fund | 11 516,50 | |
| | Advanced payment of 2016 fees | - | 1 300,00 |
| 4 | Short-term not interest-bearing liabilities | 742,00 | 2 089,93 |
| | Total equity and liabilities | 114 810,40 | 96 846,73 |

The income statement for 2016 is shown below. All income and cost related to the 2016 activities are included (see notes for details). The result for 2016 is compared to the budget for 2016. As agreed at the 2016 general assembly the left-over money from anti-doping fees should be set aside to future anti-doping campaigns or similar activities. For the result 2016 the left over from anti-doping fees has been transferred to a new anti-doping fund as can be seen in the balance (see also notes for explanations). This anti-doping fund can be used to cover future doping cost related to the EPF activities or to other special anti-doping campaigns according to our overall EPF strategic plan.

The income for 2016 is close to the budgeted amounts. There has been an increase in income from penalty fees mainly due to late payment of participation fee/anti-doping fee. Please remember to pay the participation fee/anti-doping fees no later than the day before the technical meeting. The fees should be paid by bank transfer in due time to avoid the penalty fees.

The EPF executive works hard to reduce cost and to get as much value as possible for the money spent on behalf of the EPF. For 2016 we see lower travel expenses and lower cost for EPF representation at the European championships than budgeted. Due to increased number of competitions in 2017 and onwards, we should expect the travel costs to increase in the coming years.

| Income statement 2016 | | | |
|-----------------------|--|-------------------|-------------------|
| Note | Category | Result 2016 | Budget 2016 |
| | Expences: | | |
| | Bank Fees | 210,84 | 300,00 |
| 5 | Doping Costs including IPF/OCT | 56 650,00 | 58 000,00 |
| 6 | Flight/Travel Costs | 12 343,10 | 16 400,00 |
| 7 | Media and Marketing | 41 807,63 | 41 800,00 |
| 8 | Reimbursement Comp. Secret. | 7 942,00 | 7 900,00 |
| 9 | Reimbursement EPF Executive | 8 000,00 | 8 000,00 |
| 10 | EPF officials at European champ. | 3 000,00 | 5 350,00 |
| 11 | Other approved expenses, adm. cost | 2 887,02 | 4 500,00 |
| 12 | Sports Development Fund | 30 900,00 | 30 900,00 |
| | Total expences: | 163 740,59 | 173 150,00 |
| | Income: | | |
| | Credit interests - savings account | 11,49 | 50,00 |
| 13 | Anti Doping Fees | 56 650,00 | 58 000,00 |
| 14 | Membership Fees | 9 900,00 | 9 900,00 |
| 15 | Participating Fees | 45 300,00 | 46 400,00 |
| 16 | Penalty fee (no Referee, late payment) | 6 150,00 | 3 500,00 |
| 17 | Sanction Fees | 6 400,00 | 6 400,00 |
| 18 | Sponsors | 48 424,20 | 48 900,00 |
| | Total income: | 172 835,69 | 173 150,00 |

| | | |
|------------------------------------|-----------------|----------|
| | | |
| Net profit of the year 2016 | 9 095,10 | - |

Notes to the closing of the EPF accounts 31.12.2016

| | | |
|---|-----------|-----|
| 1 Sponsor payment 2016 from eleiko, paid 3.01.17 | 1 500,00 | EUR |
| 1 Sponsor payment - LMC 2015, paid jan.17 | 528,60 | EUR |
| 1 Outstanding payment, MF 2016 Serbia | 300,00 | EUR |
| 2 Advanced payment EPF workshop 2017 | 441,79 | EUR |
| 3 Anti-doping fund. Left over from anti-doping fees | 11 516,50 | EUR |
| 4 Outstanding reimbursement comp.secr 2016 | 742,00 | EUR |
| 5 Included - Transfer to IPF for OCT | 15 000,00 | EUR |
| 5 Included - cost for streaming - antidoping interviews | 2 000,00 | EUR |
| 5 Transfer left over antidoping fees to anti-doping fund | 11 516,50 | EUR |
| 6 Including travel cost for EC workshop in 2016 | 4 498,96 | EUR |
| 7 Included Cost of high quality streaming from European Ope | 31 212,63 | EUR |
| 8 Contract cost for 600 EUR/month + reimbursement of additional server cost etc. | | |
| 9 Allowance cost of fulfillment of EPF duty (internet, phone, office support etc.) | | |
| 10 Daily allowance cost of 40 EUR per day for EPF representatives | | |
| 11 Organiser plaque, other administrative cost | | |
| 12 No cash support for 2016, only sponsor equipment | 30 900,00 | EUR |
| 13 Anti-doping fee 2016: 50 EUR per lifter | | |
| 14 Including outstanding payment from Serbia MF 2016 | 300,00 | EUR |
| 15 Participation fee 2016: 60 EUR, split 40 EUR to EPF and 20 EUR to organiser | | |
| 16 Include fees for not nominating referee and cash or late payment (after technical meeting) | | |
| 17 Sanction fees 2016: 1000 EUR for European champ. 400 EUR for WEC | | |
| 18 Sponsors 2016: Eleiko, Leoko, Titex, SBD, ER-Equipment, LMC | | |

EPF treasurer
Linda Høiland

Provisional budget 2017 (Euro).

| EPF provisional budget 2017 | | |
|---|-----------|--------------------------------|
| | | Provisional budget 2017 |
| Category | No | Expences |
| Bank fees | | 250 |
| Travel cost | | 16 000 |
| Doping costs incl. OCT | | 70 000 |
| Participating Fees (x lift.) | 1400 | 42 000 |
| Media and Marketing | | 54 000 |
| Other approved expences - Administrative cost | | 3 500 |
| Sport Development | | 50 900 |
| EPF officials at European championships no days no offs | | 5 000 |
| Reimbursement - EC/EPF officials | | 13 200 |
| Reimbursement. Computer Secr. (600EUR/month) | | 7 900 |
| SUM | | 262 750 |
| | | Provisional budget 2017 |
| Category | No | Income |
| Credit Interest | | 50 |
| Doping fees | 1400 | 70 000 |
| Membership Fees (34 nations) | | 10 200 |
| Participation fees | 1400 | 126 000 |
| Penalty (Referee Fees, Late payment Fee) | | 4 000 |
| Sanction Fees | | 6 600 |
| Sponsors | | 45 900 |
| SUM | | 262 750 |
| Balance | | - |

Linda Hoeiland, EPF treasurer

Report from the Auditors Committee.

Dear members of the EPF Congress,

Mrs. Linda Hoeiland as a treasurer, she provided both auditors, i.e. Mr. Pavol Müller and Mr. Thomas Högberg with all accounting documents and bank statements needed for the audit to perform. Thus, through a Dropbox tool used the whole accounting system was available for accounting records evaluation and comparison of moves on bank accounts, as well.

Obtained results revealed that regarding the 2016 year financial results no significant failures were found. Indeed, on the basis of the audit results we can confirm following:

The presented financial result is correct, it is based on accounting and it corresponds with the bank statements as on 31.12.2016. Current status on the bank account within 31.12.2016 is 18 243,56 EUR and status on the saving account as on 31.12.2016 is 93 046,45 EUR.

In regard to the financial management analysis and the real needs of the use of anti-doping fund we would propose to use resources of the fund for other purposes, based on a decision of the EPF Executive Committee.

Last but not least, we would like to thank the treasurer Mrs. Linda Hoeiland for her hard and very good work.

We wish you all a successful Congress.

Pavol Müller , Thomas Högberg
EPF auditors

6) Secretary General Report

2016 see EPF taking major step forward with the development of the sport, we are now a truly international.

My daily duties continue to increase, mainly dealing with increasing number of incoming e-mails from athletes asking for information that has been sent to their Federation, suggesting information has not been passed on by the federations. I'm working closely with promoters to ensure all European Championships is organized at a high level.

Organizer of European championships

My thanks to all organizers of European championships during 2016 for the good work they did to organize our championships at a high level. As the EPF strives to raise the standard of our championships organizers must become more professional in the way the sport is presented.

EPF strategic plan

EPF strategy plan 2017 to 2020 is another major step forward, this document highlights the Federation Values, Vision and Mission, I hope all member nations will help us to achieve the goals for the future

Marketing

EPF is working to establish a Marketing project, this is one of our weak areas, if we're to attract sponsors we must bring in professional people with marketing knowledge to develop a range of marketing tools

EPF Media

We have developed a media team to increase our presence on social media also to work with organizers of European championships to post information about our championships on YouTube, Facebook and Twitter, we will encourage our athletes to send video clips about their training, diets etc. to be uploaded on our Facebook fan page,

Livestream

High quality livestream has raised the profile of the sport to an incredible level, the viewing figure both during livestream and on demand grown significantly over the last three years. Viva TV with their knowledge of delivering sport every year they introduce new angles to make viewing more enjoyable, this year they introduce a live link to the Jury table to allow the Jury to see exactly what the referees are seeing, if proven successful it could be put forward to the technical committee to be considered as a rule.

IOC recognition

EPF continues its work supporting IPF with the work they are doing to secure this important IOC recognition for the sport, I think it's going to take the effort of all our member nations to achieve this goal.

Sponsors

My sincere thanks to all our sponsors, our sport cannot operate without your support, we hope for your continuing support during 2017

Special Olympic

I would like to encourage the development of Special Olympic powerlifting among our member nations, they are several of our Federation already have SOI as members, at the forthcoming Open, Junior and Sub-Juniors championships in Malaga, Special Olympic will be taking part, we encourage all EPF member nations to follow IPF and EPF lead to integrate Special Olympic into some of their championships

Special Olympic are looking to develop a Unified sport powerlifting team competition were Special Olympic athletes and our athletes compete as a team. This could be a way to showcase our working relationship with Special Olympic and would generate media interest.

I would like to say a big thanks to our President Arnulf Wahlstrøm for the working he is doing to make the European Powerlifting Federation a professional Federation also the EC members for their outstanding work throughout 2016.

Thanks to all Referees, Officials, Athletes, Coaches, Volunteers for your fantastic work during 2016. I wish you all a successful General Assemble

Ralph Farquharson, EPF Secretary General

7. Vice President Report.

Dear Members Delegates,

As Vice President, I have had the honor and the privilege to cooperate with the other Members of the Executive. This cooperation has resulted in the exchange of numerous and daily email in order to optimize the operation of our sport and democratic life.

I was present as EPF Officials in the following competition:

- 2016 Open Powerlifting European Championships (Czech Republic);
- 2016 WEC first edition combined Equipped and Classic (Italy)

Following the decision taken in the last GA, I have collected the National Championships Reports sent by all Nations, and I have produced the attached statistics for your further analysis and opinion.

Moreover, on behalf of the Executive I invite the Nations that have the broadcast by internet of their main Championships, to send to me (fipl@libero.it) the last report that Ralph sent to you all.

The idea of the EC is to build on EPF web site a "Calendar of the National Championships" with dates and links for internet streaming. In this way, not only the imagine of our sport will be put forward, but also the imagine of the single Federation will be promoted for reaching more sponsors.

To do this it is necessary of your cooperation and the EC will do an appropriate coordination.

To the Member Federations I express, also my personal appreciation for their contribution to the development of our sport.

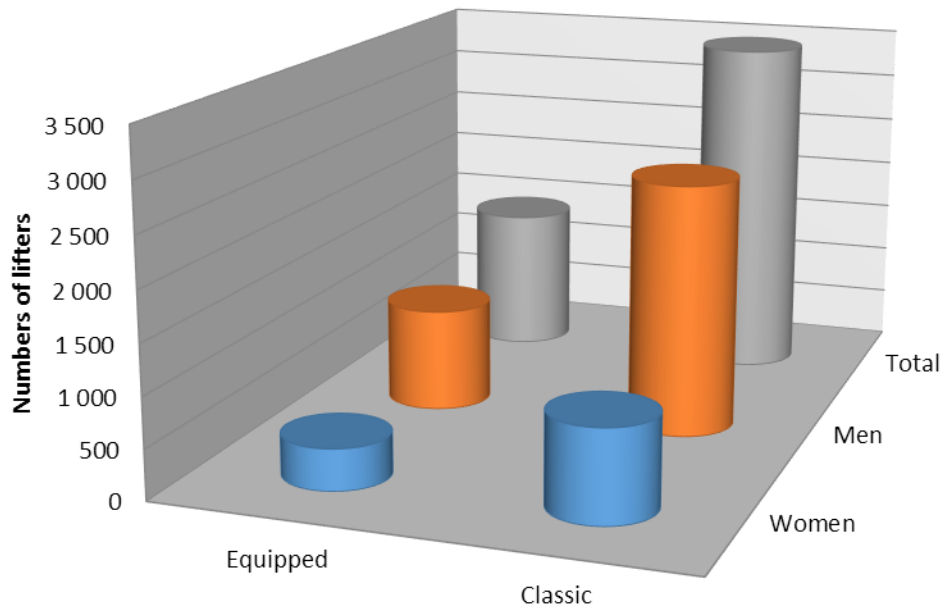
To the Spanish Association of Powerlifting, I express my personal thanks for the efforts organizing with one year in advance the combined European Sub-Junior, Junior and Open Equipped Powerlifting Championships.

I wish to Coaches, Referees and Lifters a successful European 2017 of female lifters in respect previous year.

National Championship Report by Nation

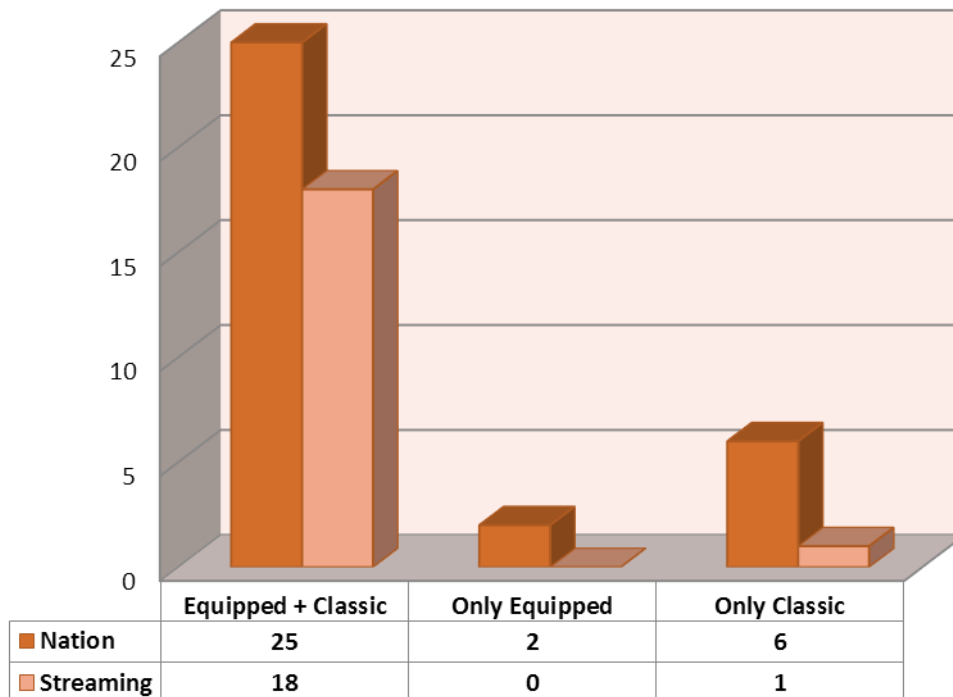
On the basis of the National Championships Report sent by 33 Nations out of 34, the EC of the EPF shows the followings statistics.

Distribution of lifters in type of competitions



| | Equipped | Classic |
|-------|----------|---------|
| Women | 416 | 923 |
| Men | 1 036 | 2 543 |
| Total | 1 452 | 3 466 |

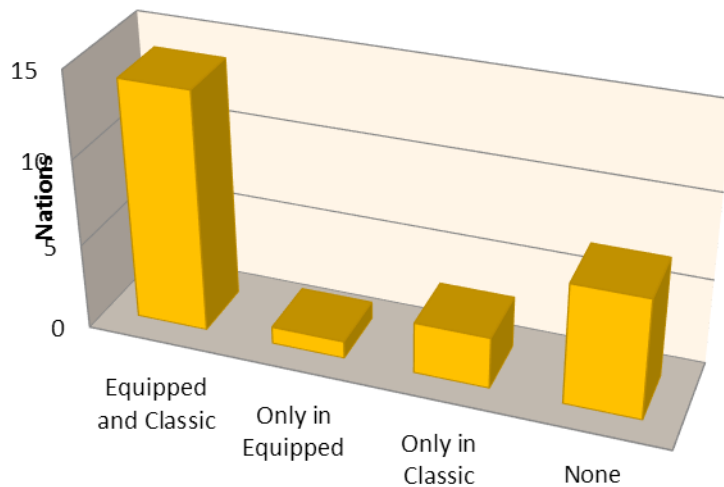
Nations and Streaming



| | Equipped + Classic | Only Equipped | Only Classic |
|-----------|--------------------|---------------|--------------|
| Nation | 25 | 2 | 6 |
| Streaming | 18 | 0 | 1 |

Special focus on Nations with Equipped and Classic Competitions:

Streaming in Nations with Equipped and Classic Competitions



| | Equipped and Classic | Only in Equipped | Only in Classic | None |
|-------------|----------------------|------------------|-----------------|------|
| ■ Streaming | 14 | 1 | 3 | 7 |

Sandro ROSSI Vice President

8. Committee Reports.

- Auditor Committee Report

See chapter no. 5

- Technical Committee report.

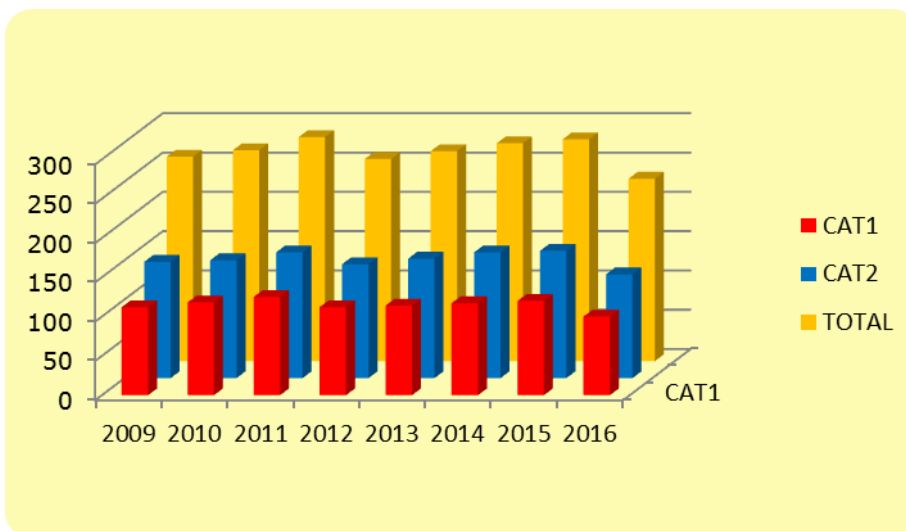
It hardly seems possible that it was one year ago I was writing a report to Congress 2016. Time certainly fly's as one ages.

Many exams were done, but not enough women! All successes have been published in the EPF Newsletter.

Please be advised that EPF need also more referees available during all championships and certainly women. No referee's, no championships.

Thanks to Johnny Wiklund, member of the EPF Technical Committee, for his cooperation at the EPF championships.

Total number of European Referees 2009-2016:



Total 2016: 232 referees, only 40 of them are women, 15 Cat 1 and 25 Cat 2

There is a major drop because of re-registration 2016.

Reminder for all referees.

Each national federation must specify on the nomination form the weight categories in which their referees are available for refereeing at least 2 days. After the final nomination date, the EPF Technical Committee Chairman issues a Referee duty list for the whole Championship. Any changes of a Referees duty may be reported to the Technical Committee Chairman until 14 days prior to the Championship. After that date the referees cannot expect to officiate in other duties than specified on the Referee duty list.

Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or 100 EUR in fine dependant of the reason and decided by the jury in cooperation with the appointed technical committee member.

Any referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro (see EPF Constitution 13.10.1).

All the best to the Spanish powerlifting Federation with the Men's and Women's European Open, Juniors and Sub-Juniors Championships!

Kind regards.

Myriam Busselot, EPF T.C. Chair

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- Law & Legislation Committee report.

Dear Delegates,

The Committee consists of two members; Jari RANTAPELKONEN (Chairman) from Finland, and Patrik THUR (Member) from Sweden.

The EPF Law and Legislation Committee duties are ordered in the EPF Constitution and By-Law documents. The four basic tasks are:

- Shall receive any proposals regarding Constitution and By-Law documents of the EPF from member nations within the proper time frame, evaluate accordingly and suggest to the EPF Executive Committee alternative courses in action
- Shall serve as the parent committee in further amending the Constitution and By-Laws
- Is responsible for updating the Constitution and the By-Laws
- Shall study the Constitutions of new applicant nations and report the results to the Secretary General.

The latest activity year has included two main events affecting to the contents of the EPF Constitution and By-Laws. They are IPF General Assembly held November 2016 in Orlando, Florida, USA, and EPF General Assembly held in May 2016 in Pilsen, Czech Republic. Also, EPF EC held February 2016 in La

Manga, Spain a fruitful meeting to discuss important issues of rules to further develop.

The co-operation between the Committee and the other EC Members and committees has been done in extremely good spirit, and been very professional.

The work the current committee members have done is also based on previous, excellent work done by many. Without great humble work of these volunteers' the EPF Constitution and By-Laws should not have been in such a high standard level as it is in nowadays.

Thank you very much for the valuable work indeed. Also, the L&L Committee would like to thank all the members of EPF EC for their contribution for the taking the EPF step by step forward in making best for the current status and future of powerlifting.

The L&L Committee wishes all the best to all the organizers of the European Championships. We wish full of energy for all the lifters, coaches, referees, and volunteers making powerlifting forward.

Jari Rantapelkonen (Chairman), and Patrik Thur (Member)

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- Women's Committee Report

Dear Delegates and Member Federations,

As usual in the EPF website, following the link "About EPF - Women's Powerlifting", you can find the statistics for the period 2000-2016 concerning the participation of female lifters in Powerlifting and Bench Press Competition and also the distribution by Nation, with special focus, by this time, of last ten years.

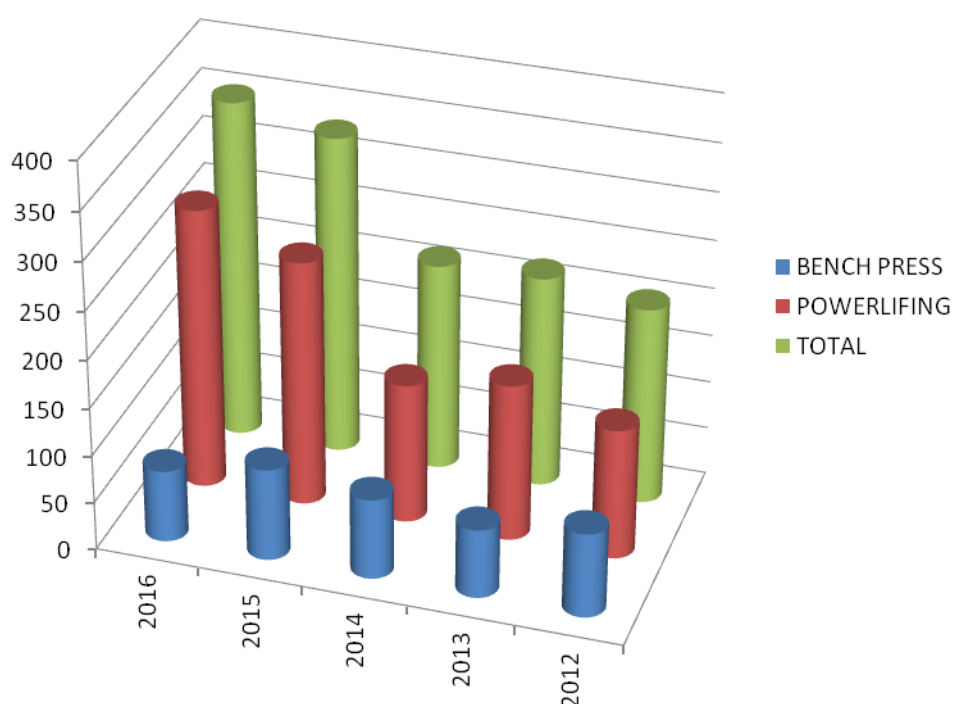
Reading these statistics, we can observe that the increase of female lifters in respect previous year is confirmed, with an additional rising compared to 2015.

This is surely due to the introduction of European Classic Open, Junior & Sub junior Powerlifting Championship and, in 2016, also of WEC Classic.

Moreover, we can observe also a further increase of the participating Nations in European competitions.

In particular, the trend of the last five years is shown in the following chart:

Numbers of women lifters period 2016-2012



I wish you all a successful General Assembly and Open European Championships.

Maria Pia Moscianese – EPF Women's Committee Chairwoman

- EPF Championship Secretary Report.

Dear colleagues,

I would like to emphasize that a great help in my work is Goodlift nomination program which was installed three years ago. This program is working very well and it help me in my duty. All European federations are using the program now and I am sure that all federations are very satisfied with this program.

There is one old problem: some officials of the National Federations send the preliminary and final nominations only to the internet and they do not send these nominations also to Championships Secretary and Meet Director. I note that the member federations are required to be sent all nominations to these officials as well. We need it for check and for preparing of the championships.

Next problem is that we still urgently need more referees at the European Junior and Masters championships. That is the charge of all the European member nations to ensure that adequate numbers of referees are available for these championships so that our lifters have the best standard of refereeing possible.

In 2016, a total of 6 positive doping cases, which brought to exchange medals gained a lifters tested positive and pass the lifters who have occupied the places behind them. I thank all representatives of the Federations, who sent me the medal, which I could then pass the other lifters. This year, the medals will be handed lifters who are entitled to them from European Junior Championship in 2016, as well as the European Championships Bench Press in 2016 and European Championship in Bench Press Masters 2016.

Last year brought also some positive aspects. Like last year's report, I want to pick up the fact that there is a continual increase in the level of organizing the European Championship. I thank all organizers for their very good work.

I would like to wish you a successful course of the General Assembly and excellent progress European Open Championships.

With kind regards

Jiri Hofirek, EPF Championship Secretary

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EPF Media Team Report

The media team consists of the following members

- Ralph Farquharson Chairman
- Eric Rupp Member
- Louise Edwards Member
- Francisco Gutierrez Member
- Clara Sacchi Member

Social media work has become a very important part of the EPF development. Our YouTube, Facebook and twitter page attract large following during 2016 especially during livestream.

High quality Livestream continue to go from strength to strength. Viva TV this year introduce more new camera angle to make viewing more attractive. During the 2017 European Classic in Denmark, the streaming was watched by 150.000 viewer live and 158.000 undemand from our YouTube channel, our Facebook videos downloaded 270.000 times. the streaming was connected to Altibox cable TV with about 3 million subscribers in Denmark and Norway.

For 2017 we would like to have more weekly posts on Facebook with different topics, concerning EPF activities as well as activities from our championships organizers.

During 2017 each Media Team member will be task to covered EPF championships to ensure the best media coverage possible for all events, including posting pictures, videos and daily report on our Facebook and twitter page.

My sincere gratitude to the media team for their hard work during 2016

Ralph Farquharson, EPF Media Officer

.....

9) Election.

No election this year.

.....

10) Proposals.

- **10.1. EPF Strategic plan 2017-2020.** (Fom the EC).
The document is enclosed as Appendix 1.

Reason: This document describes the working areas and plans for developing European powerlifting in the next years. The document is updated from the 2016-2019 issue based on received inputs.

- **10.2 By Law 103.3.1**(From EC).

*If a national federation nominated for European championships or cups has not paid the required participation and doping fees to the bank account of the EPF within the **one** day of **prior to** the Technical Meeting for*

Reason: To pay the fee latest one day before the technical meeting. Responsible EPF officials at

the technical meeting need to know if all payments have been done before the technical meeting starts. To register this one day previous to the technical meeting is easier than to check this while being at the technical meeting.

• **10.3. Constitution 13.16 regarding Withdrawal by a Promoter (From the EC)**

13.16.

Penalties will be set according to the time period in which the organizer withdraws, as follows:

*13.16.1 if 6-12 months prior to the scheduled date of the championships the fine to be paid is ~~the same~~ **5 times the** amount as the championships fee.*

*13.16.2 if 3-6 month prior to the schedule date of the championships, the fine to be paid is equivalent to ~~three~~ **10** times the championship fee.*

*13.16.3 if less than 3 month prior to the scheduled championships, the fine to be paid is equivalent to ~~three~~ **10** times the championships fee. Penalties will also include documented losses from nominated participants.....*

Reason: A withdrawal 12 months or later from organizing an European championship sets EPF in a very difficult situation. To find a new organizer at such a short notice is very difficult.

A new organizer has limited time to work with sponsorship and other financial support, so the fine imposed to the withdrawing organizer will be transferred to the new organizer.

• **10.4. Bylaws 105.3.7 (From the EC).**

All lifters taking part in European championships and cups shall fill in the "Lifters Profile form". The participating nations shall send the forms for all lifters in their team with the preliminary nomination to the organizer not later than 60 days before the championships. If a lifters Profile form was not sent in **for one or more of a nation nominated lifters** with the final nomination, ~~the lifter will not be allowed to weigh in until the form is handed over to the EPF officials during the weighing in.~~ **federation will receive a reminder and if not provided within a specified date stated in the reminder, a fine of 100 Euro will be imposed.**

Reason. Lifters are highlighted by their profiles at screens and at streaming prior to entering the podium. This is part of profiling the sport and profiling the lifters and should be obligatory for all lifters.

10.5. Bylaws 104.12.3. European Powerlifter of the Year. (From the EC)

No one who has been involved in an anti-doping rule violation is eligible for appointment and if previously appointed, he/she loses his/her distinctions.

Reason: To be in line with EPF anti-doping policy. New text underlined.

10.6. Bylaws 104.6 Hall of Fame. (From the EC)

To make the following change (lined over):

.... A maximum of two lifters and one official may be elected to the Hall of Fame each year ~~but with the added proviso that not more than two men and one women may be elected in any one year.~~

A certificate of achievement

• Reason: To treat Men and Women equal.

• **10.7. Constitution 11.3.1. Disciplinary hearings(from the EC):**

The EPF Secretary General, mandated by the Executive Committee, shall refer disciplinary cases (other than the disciplinary cases arising from the Code) to the IPF Secretary General for hearing

by the IPF Ethics & Disciplinary Committee.

Reason: This is new text at top of chapter 11.3.1.

To clarify that all disciplinary cases within EPF must first be sent to the EPF SG and from him/her to the IPF GS.

• **10.8. Bylaws 105.13. Including a Referee in National Teams** (From the EC)

Any nation, being a member of IPF more than 5 years, participating with more than 3 lifters in EPF championships or EPF cups, as nominated at the final entry form, must include at least one international referee among its team officials available for refereeing or being a member of the jury **at least 2 days**. The host federation can nominate six referees. In combined championships/cups (men and women) the 3 lifters include the total number of lifters from one nation. If a referee from that nation is not present or, if present, is not available to act in the capacity of either referee or member for jury **for at least 2 days** during the championship/cup, the lifters are allowed to take part, but a fine of Euro 500 has to be paid by the nation.

Reason: to state that a referee must be available at least two days.

• **10.9. ByLaw 102.3. Timelines for Submitting, awarding Bids** (from the EC):

.... All organising federations must sign the promoter contract ~~one~~ **two years** before the according championships **and latest within 30 days from receiving the Promoters contract**, otherwise the EPF sanctions will apply if this federation withdraws.

Reason:

Two years are needed to agree about all conditions for organizing a championship.

• **10.10.** (From the EC)

Federations are bound to pay the participation and anti-doping fee for the number of lifters nominated at the preliminary nomination.

EPF Constitution and ByLaws to be updated accordingly.

Reason:

Many federations nominate a high number of lifters plus reserve lifters at the preliminary nomination.

21 days prior to the championship, many of the nominated lifters are withdrawn without being substituted by reserve lifters.

This situation is very difficult for the organizers because they must plan for accommodation and participation of the number of nominated lifters at the preliminary nomination.

Reservations of hotel capacity is the most critical.

A good example are the European Classic 2017 which had a preliminary nomination of about 480 lifters plus reserve lifters and ended up with about 380 lifters 21 days prior to the championship.

As long as each federation may nominate 5 reserve lifters to substitute the preliminary nominated lifters, it should be reasonable to expect that each federation is able to make proper planning about the total number of lifters they put forward in the preliminary nomination.

.....
11) New Member Applicant

* **None**

EPF Member Nations

| | | | | | |
|--|---------------------|--|---------------------|--|--------------------------|
| | Full Members | | Full Members | | Suspended members |
|--|---------------------|--|---------------------|--|--------------------------|

| | | | | | |
|----|----------------|----|-------------|--|-------------------------|
| 1 | Armenia | 19 | *Israel | | **Azerbaijan |
| 2 | Austria | 20 | Italy | | **Moldavia |
| 3 | *Belarus | 21 | Latvia | | **Montenegro |
| 4 | Belgium | 22 | Lithuania | | **Portugal |
| 5 | Bulgaria | 23 | Luxembourg | | |
| 6 | Croatia | 24 | Netherlands | | |
| 7 | Czech Republic | 25 | Norway | | |
| 8 | Denmark | 26 | Poland | | |
| 9 | Estonia | 27 | Romania | | |
| 10 | Finland | 28 | Russia | | |
| 11 | France | 29 | Serbia | | |
| 12 | Germany | 30 | Slovakia | | New Applicants: |
| 13 | *Georgia | 31 | Slovenia | | |
| 14 | Great Britain | 32 | Spain | | |
| 15 | Greece | 33 | Sweden | | * = Not paid membership |
| 16 | Hungary | 34 | Switzerland | | 2017 by 4.4. 2017 |
| 17 | Iceland | 35 | Ukraine | | ** = Suspended |
| 18 | Ireland | | | | |

12) Action on Delinquent Nations

None.

13) Hall of Fame.

To be announced at the General Assembly.

EPF Hall of Fame history.

| Year | Official | Female lifter | Male lifter |
|------|--------------------------|-------------------------------------|--|
| 1993 | Heiner Köberich, GER | Claudine Cognac, FRA | Jarmo Virtanen, FIN |
| 1994 | John Moody, GB | Judy Oakes, GB | Eddy Pengelly, GB |
| 1995 | Arnulf Wahlstrøm, NOR | - | Victor Naleikin, UKR |
| 1996 | Vic Mercer, GB | Audhild Hansen, NOR | - |
| 1997 | Arnold Boström, SWE | - | - |
| 1998 | George Legget, GB | Dagmar Wang, AUS | Kenneth Mattsson, SWE |
| 1999 | Kalevi Sorsa, FIN | Anna-Liisa Prinkala, FIN | - |
| 2000 | Henk Kaiser, NET | Natalia Rumyantseva, RUS | Leopold Krendl, AUS |
| 2001 | - | - | Wym Elin; BEL |
| 2002 | Ralph Farquharson, GB | - | - |
| 2003 | Jiri Hofirek, Czech Rep. | Cecile Jamin, France | - |
| 2004 | Myriam Busselot, Belgium | - | - |
| 2005 | Pavol Müller, Slovakia | - | Andy Kerr, GBR |
| 2006 | - | Inger Blikra, Norway | - |
| 2007 | - | Antonietta Orsini, ITA | - |
| 2008 | - | Raija Jurkko, Finland | - |
| 2009 | - | - | Jaroslav Olech, Poland |
| 2010 | Dietmar Wolf, NOR | - | - |
| 2011 | Alain Hammang, Lux | Ielja Strik, NET | Anibal Coimbra, Lux |
| 2012 | - | - | - |
| 2013 | - | - | Jan Wegiera, POL, Dariusz Wszola, POL |
| 2014 | - | - | - |
| 2015 | Sandro Rossi, ITA | Märvi Särkiä, FIN | Kenneth Sandvik, FIN |
| 2016 | - | Riitta Sundvall Liimatainen, SWE | Patrik Turesson, SWE |

14) Bids and confirmation on Future Championships.

2017 (given)

| | | | | |
|-----------------------------|------------|-------|------------------|--------------------|
| European Open/Jun./S. Jun | Classic | PL | 12 – 19 March | Thisted, Denmark |
| European Junior/Sub Juniors | Equipped | PL | 4 – 8 April | Czech Rep |
| European Open/Jun./S. Jun. | Equipped | PL | 8 – 14 May | Malaga Spain |
| European Masters | Equipped | PL | 11 – 15 July | Pilsen, Czech Rep. |
| European Open/Masters/Jun. | Classic | BP | 9 – 13 August | Ylitornio, Finland |
| Western European Champ. | Equ./Clas. | PL | 14 -16 September | Hamm, Luxembourg |
| Arnold Classic Europe | Equ/Clas | PL/BP | 22-24 September | Barcelona |
| Danube Cup | Equ/Clas. | PL | 6 - 7 October | Trencin, Slovakia |
| European Open/Masters/Jun. | Equipped | BP. | 11 -15 October | La Manga, Spain |

2018 (given)

| | | | | |
|----------------------------|------------|-------|-----------------|---------------------|
| European Masters | Classic | PL. | 6-10 March | Helsingborg, Sweden |
| European Open/Jun./S.Jun. | Equipped | PL | 5-12 May | Pilsen, Czech Rep. |
| European Masters | Equipped | PL | 10-14 July | Pilsen, Czech Rep. |
| European Open/Masters/Jun. | Classic | BP | 9-12 August | France |
| Western European | Equ./Clas. | PL | 13-15 September | Hamar, Norway |
| Arnold Classic Europe | Equ/Clas | PL/BP | September | Barcelona |
| European Open/Masters/Jun. | Equipped | BP. | 9-13 October | Hamm, Luxembourg |
| European Open/Jun./S.Jun. | Classic | PL | 25 Nov.- 2 Dec. | Lithuania |

2019 (given)

| | | | | |
|----------------------------|----------|-------|-----------------|-----------------|
| European Masters | Classic | PL. | 6-10 March | Hungary |
| European Open/Jun./S.Jun. | Equipped | PL | 5-12 May | Venue requested |
| European Masters | Equipped | PL | 10-14 July | Sibiu, Romania |
| European Open/Masters/Jun. | Classic | BP | 8-11 August | Denmark |
| Western European | Equ/Clas | PL | 13-15 September | Borgaro, Italy |
| Arnold Classic Europe | Equ/Clas | PL/BP | September | Barcelona |
| European Open/Masters/Jun. | Equipped | BP | 10-13 October | La Manga, Spain |
| Danube Cup | Equ/Clas | PL | 19-20 October | Venue requested |
| European Open/Jun./S.Jun. | Classic | PL | 24 Nov.- 1 Dec. | Lithuania |

2020 (bid)

| | | | | |
|----------------------------|----------|-------|-----------------|------------------------|
| European Masters | Classic | PL. | 11-15 March | |
| European Open/Jun./S.Jun. | Equipped | PL | 4-10 May | |
| European Masters | Equipped | PL | 2-5 July | |
| European Open/Masters/Jun. | Classic | BP | 5-9 August | Bid: Kaunas, Lithuania |
| Western European | Equipped | PL | 11-13 September | |
| Arnold Classic Europe | Equ/Clas | PL/BP | September | |
| European Open/Masters/Jun. | Equipped | BP | 15-18 October | |
| European Open/Jun./S.Jun. | Classic | PL | 29 Nov.- 6 Dec. | Bid: Warsaw, Poland |

PL = Powerlifting Championships
BP.= Bench Press Championships

15) Any other Business.

16. Adjournment.

Appendix 1. EPF Strategic plan 2017-2020.

Enclosed as separate document.