

Preliminary timetable

European Masters Classic Powerlifting Championships, Helsingborg 2018 (26.1.2018)

Day	Weigh-In time	Classes Body Weigh (kg)	Start	Number of lifters by final nom.	Expected end of session
Tuesday 6. 3. 2018	07:00-08:30	Women Ma 3, 4 all I. group	09:00	14	13:00
		Women Ma2 47-57 kg II. group		10	
	11:30-13:00	Women Ma2 63-72 kg I. group	13:30	9	17:30
		Women Ma2 84 & 84+kg II. group		11	
	Opening ceremony at venue		18:00		
	16:30-18:00	Men Ma4 59-83 kg I. group	18:30	10	22:00
		Men Ma4 93-120+ kg II. group		9	
Wednesday 7. 3. 2018	07:00-08:30	Women Ma1 -47 to 57 kg I group	09:00	12	13:00
		Women Ma1 -63 to 72kg II. group		11	
	11:30-13:00	Women Ma1 -84 to +84kg I. group	13:30	11	17:30
Men Ma3 -66-83 kg II. group	13				
	16:00-17:30	Men Ma3 -93-105 kg I. group	18:00	13	22:00
		Men Ma3 -120 to 120+kg II. group		8	
Thursday 8. 3. 2018	08:00-09:30	Men Ma2 -59 - 74 kg I. group	10:00	15	14:00
	Men Ma2 -83 kg II. group	9			
	12:30-14:00	Men Ma2 -93 kg I. group	14:30	9	18:30
		Men Ma2 -105 kg II. group		8	
Friday 9. 3. 2018	08:00-09:30	Men Ma2 -120-120+kg I. group	10:00	13	13:00
	12:00-13:30	Men Ma1 -59 - 66 kg I. group		9	
		Men Ma1 -74 kg II. group		10	
	16:00-17:30	Men Ma1 -83 kg I. group	18:00	10	21:30
		Men Ma1 -93 kg II. group		13	
Saturday 10.3. 2018	08:00-09:30	Men Ma1 -105 kg I. group	10:00	8	15:00
		Men Ma1 -120 kg II group		10	
		Men Ma1 +120kg III group		10	
CLOSING BANQUET			20:00		

Arnulf Wahlstrøm
EPF President

Robert Ericsson
Meet Director

Jiri Hofirek
EPF Champ. Secretary