



EUROPEAN POWERLIFTING FEDERATION

Invitation

The European Powerlifting Federation

and

the Luxembourg Powerlifting Federation

invite

the EPF member nations to participate in the

**Western Equipped & Classic European Championships 2017
in Hamm, Luxembourg**

**Austria, Belgium, Spain, Denmark, Estonia, Finland, France, Germany, Great Britain,
Greece, Iceland, Italy, Luxembourg, Netherlands, Norway, Sweden and Switzerland**

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meet Director: **Gaston Parage**, 1, rue Pasteur L-4642 Differdange, Luxembourg
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EPF Championship Secretary: **Jiri Hofirek**, Malickeho 980, 410 02 Lovosice, Czech Republic.
Tel +420 739 405689, e-mail: epfsecretary@gmail.com

Host City : Hamm, Luxembourg

Date: 14 – 16 September 2017

Venue: “Centre Sportif à Hamm” sports center

Technical Meeting: Wednesday 13 September at 20.00 hours at Hotel Ibis

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).

Hotel: Hotel Ibis & Etape route de Trèves L-2632 Findel Luxembourg in front of the Airport

Hotel Rates: Prices for night per room – Hotel Ibis
Single room Hotel Ibis 100 €, including breakfast Hotel Ibis budget 70,5 €
Double room Hotel Ibis 110 €, including breakfast Hotel Ibis budget 80 €
Triple room Hotel Ibis 130 €, including breakfast Hotel Ibis budget 87.5 €

The breakfast for Ibis Budget will be also at the Hotel Ibis

For room booking please contact Gaston Parage. E-mail: gparage@vo.lu

I am doing the reservations but the payment will be done directly to the Hotels

Note 1:

All rooms must be booked at the latest with the deadline of the final nomination – **23 August 2017**.

All athletes, coaches, referees and officials from each federation must stay in the official hotel. If not, they have to pay an administration fee of €100 or they will not be allowed to participate in the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay **directly their rooms** by bank transfer or at the arrival at the Championship office.

They mustn't pay the doping and the participation fees for this bank account!!!

At all European Championships **the accommodation fees** shall be payable by bank transfer against the invoice or credit card as follows:

1. credit card (+ 5% bank fee)
2. cash (EUR according to the current exchange rate)
3. Bank transfer against the invoice - **on the basis of a requirements of participants only against the invoice** (EUR according to the current exchange rate). Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.
4. **Accommodation fees** can also be paid by bank transfer to the bank account if the organizer writes number and other details of his bank account in the invitation:

Hotel IBIS

Bank address: Caisse d'Epargne de l'Etat Luxembourg, Place de Metz L-2954 Luxembourg.

Account holder Hotel Ibis

SWIFT code BIC: BCEELULLXXX

Account number: IBAN: LU39 0019 1106 1569 4000

Payment must be received at the above mentioned bank account at the latest 14 days prior to the beginning of the Championship.

Note 2:

23 August 2017 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms – **21 days prior to the Technical Meeting.**

If not cancelled in time, federations have to pay the reserved hotel rooms (if the hotel require such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form. **If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation**

For referees 30 August 2017, it means 14 days prior to the Technical Meeting, the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's nomination is stated on EPF website on Referees/ Jury duty section. If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependent of the reason and decided by the jury in cooperation with the appointed technical committee member.

Important warning for referees!!!

At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.

The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro."

Arrivals/Transportation:

Transport will be provided from Luxembourg airport **for free**. Please let us know the exact date, hour, flight number of your arrival. This will allow us to provide a perfect pick-up.

Shuttle Service: from hotel to venue is free.

Teams: Invited from each federation are one team for Men and one team for Women (maximum 6 lifters on each team) **both for Equipped and Classic competitions** plus 2 Referees and 2 Officials. The best 4 lifters of each team by Wilks points will count for the Cup awards. Only organizing federation can nominate two teams Women and Men. At the Technical Meeting must be specified the members of A and B team.

Awards: In each weight category the first three lifters will receive medals. All participations will receive diploma.

Scales: Scales available at venue and at Hotel.

Training: Training facilities available at training area at the venue

Flag and anthem: Each country must bring its flags and anthems to the Technical Meeting

Closing Banquet: **Saturday, 16 September at 20:00** hours
Price € 35,00 per person, payable by:
The number of banquet tickets must be ordered at the Nomination form.

Participation Fee: € 90,00 for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting.

Anti-Doping Fee: € 50,00 for each lifter must be paid by bank transfer to the EPF bank account before the Technical Meeting.

EPF Invoices: **EPF treasurer will send EPF invoices for both Antidoping and the Participation fees to all entered Federations 21 days before the Technical meeting.**

Opening Ceremony: Thursday, 14 September at 13:00 hour at the venue. One representatives (either one lifter or one official) from each participating country shall take part at the Ceremony.

Nominations: The team nomination forms must be send:
–directly to Goodlift Powerlifting online program on internet
–to the EPF Championships secretary
–the Technical Secretary not later than:

Preliminary nomination: **15 July 2017 complete** filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final nomination: **23 August 2017** – later entries sent on next days will not be accepted.

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve lifters. According to this, no reserve lifters can be included in the final nomination.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referees participation.

It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

Correspondence: E-mails regarding the championships must be sent to:

Meet Director and a copy

to the EPF Championships Secretary Jiri Hofirek epfsecretary@gmail.com

Preliminary timetable of the 12th Western European Championships 2017

Opening Ceremony: Thursday 14 September at 13:00 at Venue

“Electronic Written exam” referees CAT 1 and CAT 2 will be done on Thursday morning 14 September at own laptop

Provisional Timetable WEC 2017				Expected			
Opening Ceremony Thu sept 14th at 13:00							
Day	Weigh-in time	Classes		Number of lifters	Group(s)	Start	End
Thu. sept 14th	09:00-10:30	Women classic	-47kg - -57 kg	16	2	11:00	
	12:00-13:30	Men classic	-59kg - -93 kg	23	2	14:00	
	16:00-17:30	Women classic	-63kg+84 kg	18	2	18:00	
Fri. sept 15th	08:00 -09:30	Men classic	-105kg+120kg	13	1	10:00	
	12:00-13:30	Women equipped	-47kg—57kg	5	1	14:00	
	16:00-17:30	Men Equipped	--59kg- -93 kg	15	2	18:00	
Sat. sept 16th	08:00-09:30	Women Equipped	--63kg+84kg	13	1	10:00	
	11:30-13:00	Men Equipped	-105kg+120 kg	12	1	13:30	

Women classic: 34

Men classic: 36

Total:classic: 70

Women equipped: 18

Men equipped 27

Total equipped: 45

Health Insurance: All delegate members must have a valid incident and health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Victory Ceremonies will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Important Note: Changes of the timetable are possible by the amount of nominations at the Final nomination. *On days when there are few referees available, some weight categories may be merged.*

Arnulf Wahlstrøm
EPF President

Frank Klein
FLHLP President

Gaston Parage
Meet Director

Jiri Hofirek
EPF Championships Secretary