

SVENSKA STYRKELYFTFÖRBUNDET



Invitation

The European Powerlifting Federation

and

the Swedish Powerlifting Federation

invite

the EPF member nations to participate in the

European Masters Classic Powerlifting Championships 2018 in Helsingborg, Sweden

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

- Organizers:** Swedish Powerlifting Federation
- Meet Director:** Robert Ericsson - e-mail: robert.ericsson@styrkelyft.se
- Visa requests:** <http://www.swedenabroad.com/sv-SE/>
- Transport:** see Informations on an electronic form: [INFORMATIONS](#)
- Accommodation:** see Informations on an electronic form: [INFORMATIONS](#)
- Registrations and payment:** Grand Travel – Webregistration Support
europowerlifting@grandtravel.se
- EPF Championship secretary:** Jiri Hofirek - e-mail: epfsecretary@gmail.com
GSM: +420 739 405 689,
Malickeho 980, 410 02 Lovosice, Czech Republic
- Host city:** Helsingborg, Sweden
- Date:** 6 - 10 March 2018
- Venue:** Helsingborg Arena, Helsingborg
Mellersta Stenbocksgatan, Helsingborg.
Google maps: <https://goo.gl/maps/KSCCgB7GPNS2>
- Technical meeting:** Monday 5th March at Clarion Grand Hotel at 20:00 hours

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).

Hotels:

Clarion Grand Hotel (4 stars)

Stortorget 8-12, Helsingborg, Sweden, [Click here for website](#)

Single room: 155 € per night, including breakfast
Double room: 175 € per night, (88 / person / night), including breakfast
Triple room: 195 € per night (65 / person / night), including breakfast

Elite Hotel Marina Plaza (4 stars): Kungstorget 6, Helsingborg, Sweden [Click here for website](#)

Single room: 155 € per night, including breakfast
Double room: 175 € per night, (88 / person / night), including breakfast

Comfort Hotel Nouveau (3 stars): Gasverksgatan 11, Helsingborg [Click here for website](#)

Single room: 135 € per night, including breakfast
Double room: 155 € per night, (78 / person / night), including breakfast
Triple room: 175 € per night (58 / person / night), including breakfast

Radisson BLU Metropol Hotel (4 stars) Carl Krooksgata 16, Helsingborg [Click here for website](#)

Single room: 150 € per night, including breakfast
Double room: 160 € per night, (80 / person / night), including breakfast

Prices include VAT and all town charges. Payment after arrival can be done by card (VISA, Master Card) or in cash. Payment in EUR will be calculated according to the current exchange rate.

Notes:

Note 1:

All rooms must be booked at the latest with the deadline of the final nomination – **12 February 2018**. After the deadline the organizer cannot guarantee accommodations. All athletes, coaches, referees and officials from each federation must stay in the official hotel. If not, they have to pay an administration fee of **€100** or they will not be allowed to participate in the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay **directly their rooms** by **the electronic registration system of the organizer for hotel booking and transport: [INFORMATIONS](#)**

At all European Championships **the accommodation fees** shall be payable as follows:

1. Bank transfer against the invoice in Euro. Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.
2. credit card (+ 5% bank fee)
3. cash

Note 2:

12 February 2018 is the latest date for any removal of nominated lifters and cancellation of booked hotel rooms – **21 days prior to the Technical Meeting**.

If not cancelled in time, federations have to pay the reserved hotel rooms, and the banquet fee for all lifters and officials specified at the final nomination form.

If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.

For referees **19 February 2018 (14 days prior to the Technical Meeting)** is the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's nomination is stated on EPF website on Referees/Jury duty section. If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependant of the reason and decided by the jury in cooperation with the appointed technical committee member.

Important warning for referees!!!

At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.

The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro." (See EPF Constitution 13.10.1)

- Arrivals/Departures:** Transport returnticket Kastrup, Copenhagen Airport - Helsingborg: Euro 42 / person
- Shuttle:** Daily shuttle will be provided from the hotels to the meet site.
- Scales:** Scales available at venue and at the hotels.
- Training:** Training facilities available at the arena and special offer at FNF Athletic Center.
- Medals:** Also Men of age 70 years (i.e. Master IV), are going to receive medals for placing 1st, 2nd and 3rd in their weight classes, and Women of age both 60 years (i.e. Master III) and 70 years (i.e. Master IV), are going to receive medals for placing 1st, 2nd and 3rd in their weight classes.
- Awards for Nation competition by Team points isn't available for Masters Championships.**
- Flag and anthem:** Will be provided by the organizer
- Opening ceremony:** Tuesday 6 March at 16:00 hours at Venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.
- Closing banquet:** Saturday 10th March at SUNDSPÄRLAN. Price: 35 €
- The number of banquet tickets must be ordered at the Nomination form.**
- Tickets for the banquet must be paid in advance on account of the organizer against the invoice in €. **Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.**
- Participation fee:** 90 € for each lifter must be paid by bank transfer to the EPF bank account before the Technical meeting.
- Anti-Doping fee:** 50 € for each lifter must be paid by bank transfer to the EPF bank account before the Technical meeting.
- EPF Invoices:** **The invoice must be sent to the nominated federations by the EPF Treasurer at the latest 14 days prior to the day of the Technical Meeting for each of the European Championships (EPF BYLAWS 103.3.2.) Federations must pay participation and doping fees from the number of lifters declared at the preliminary nomination. Nominated reserve lifters are not included.**

- Nominations:** Team nomination forms must be in the hands of the Meet Director - e-mail: Robert.ericsson@styrkelyft.se
and the EPF Championship secretary - e-mail: epfsecretary@gmail.com not later than:
- Preliminary:** **4 January 2018 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.**
- Final:** **12 February 2018 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!**
- Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination.
- The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.
- Confirmation of the referees participation.**
It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.
All lifters are expected to present passports and other required documents at the weigh-in.
- Correspondence:** E-mails regarding the championships must be sent to:
Meet Director Robert Ericsson - e-mail: robert.ericsson@styrkelyft.se
and a copy
to the EPF Championship secretary:
Jiri Hofirek - e-mail: epfsecretary@gmail.com
- Health insurance:** All delegate members must have a valid incident and health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.
- Referees:** **All nominated referees attending a championship, must be available for at least two days!** (see: IPF Technical Rules, chapter - Referees, page 31, paragraph 17).
Any nation participating in Championships with more than 3 lifters must include at least one international referee.
- Referees exam:** If referee's examination are arranged, the **written examinations will be done on Tuesday morning (6 March)**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. Organizer will prepare a room for written examination.
- Victory Ceremonies:** Will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.
- Important Note:** Changes of the timetable are possible by the amount of nominations at the Final nomination. On days when there are few referees available, some weight categories may be merged.

Preliminary timetable

European Masters Classic Powerlifting Championships, Helsingborg 2018

Day	Weigh-In time	Classes Body Weigh (kg)	Start	Number of lifters by final nom.	Expected end of session
Tuesday 6. 3. 2018	10:00-11:30	Women Ma 3, 4 all (10+4) I. group	12:00	6	15:30
		Women Ma2 all II. group		12	
	Opening ceremony at venue			16:00	
	14:30-16:00	Men Ma4 -59 to 105 kg One group	16:30	11	19:30
Wednesday 7. 3. 2018	08:00-09:30	Women Ma1 -47 to -63kg I. group	10:00	10	14:30
		-72 to 84+kg II. group		12	
	14:00-15:30	Men Ma3 -59 to 93kg ?. group	15:30	15	20:30
		-105 to 120+kg II. group		12	
Thursday 8. 3. 2018	08:00-09:30	Men Ma2 -59 - 74 kg I. group	10:00	12	14:30
		Men Ma2 -83 kg II. group		12	
	14:00-15:30	Men Ma2: -93 kg One group	15:30	8	20:30
		Men Ma2 -105 kg		12	
Friday 9. 3. 2018	08:00-09:30	Men Ma2 -120 kg & 120+ kg ?. group	10:00	15	15:30
		Men Ma1 -59 - 74 kg II. group		14	
	14:00-15:30	Men Ma1 -83 kg I. group	16:30	12	20:00
		Men Ma1 -93 kg II. group		12	
Saturday 10.3. 2018	08:00-09:30	Men Ma1 -105 kg I. group	10:00	10	16:00
		Men Ma1 -120 kg II. group		10	
		Men Ma1 +120kg III. group		10	
CLOSING BANQUET			20:00		

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Arnulf Wahlstrøm
EPF President

Robert Ericsson
Meet Director

Jiri Hofirek
EPF Champ. Secretary