



# EUROPEAN POWERLIFTING FEDERATION

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## Invitation

The European Powerlifting Federation

and

the Czech Powerlifting Federation

invite

the EPF member nations to participate in the

## Open, Junior and Sub-Junior European Equipped Powerlifting Championships 2018 in Pilsen, Czech Republic

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

<b>Organizers:</b>	Czech Powerlifting Federation
<b>Meet Director:</b>	Vladimir Mati - e-mail: <a href="mailto:vmati@seznam.cz">vmati@seznam.cz</a>
<b>Visa requests:</b>	Lenka Matejovska - e-mail: <a href="mailto:cpf@powerlifting.cz">cpf@powerlifting.cz</a>
<b>Transport, banquet:</b>	Lucie Kanturkova - e-mail: <a href="mailto:transport-banquet@seznam.cz">transport-banquet@seznam.cz</a> GSM.: +420 608 876 794
<b>Accommodation:</b>	Vojtech Duraj - e-mail: <a href="mailto:powerlifting@parkhotel-czech.eu">powerlifting@parkhotel-czech.eu</a> GSM: +420 608 111 727 Phone: +420 378 772 977
<b>EPF Championship secretary:</b>	Jiri Hofirek - e-mail: <a href="mailto:epfsecretary@gmail.com">epfsecretary@gmail.com</a> GSM: +420 739 405 689, Malickeho 980, 410 02 Lovosice, Czech Republic
<b>Host city:</b>	Pilsen, Czech Republic
<b>Date:</b>	6th – 12th May 2018
<b>Venue:</b>	Parkhotel Congress Center Pilsen U Borskeho Parku 31 320 04 Pilsen
<b>General Assembly:</b>	Saturday 5th May at Parkhotel Congress Center Pilsen at 19:00.
<b>Technical meeting:</b>	Saturday 5th May at Parkhotel Congress Center Pilsen after General Assembly

*All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).*

**Hotel:**

**Parkhotel Congress Center Plzen**

U Borskeho Parku 31, 320 04 Pilsen, Czech Republic, [www.parkhotel-czech.eu](http://www.parkhotel-czech.eu)

**SUPERIOR ROOMS:**

Single room:	2.200 CZK (Approx. 88 EUR)	per person/night, including breakfast
Double room:	1.360 CZK (Approx. 55 EUR)	per person/night, including breakfast
Triple room:	1 040 CZK (Approx. 42 EUR)	per person/night, including breakfast

**STANDARD ROOMS** - on request

Number of single rooms is limited.

Prices include VAT and all town charges. Payment after arrival can be done by card (VISA, Master Card) or in cash. Payment in EUR will be calculated according to the current exchange rate.

If the Parkhotel will be occupied, organizer will inform participants about the second official hotel. All athletes/nations are responsible for payment of their hotel expenses.

**Notes:**

**Note 1:**

All rooms must be booked at the latest with the deadline of the final nomination – **14th April 2018**. After the deadline the organizer cannot guarantee accommodations.

All athletes, coaches, referees and officials from each federation must stay in the official hotel. If not, they have to pay an administration fee of **€100** or they will not be allowed to participate in the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay **directly their rooms** by bank transfer or at the arrival at the hotel reception.

**They mustn't pay the doping and the participation fees on this bank account!**

At all European Championships **the accommodation fees** shall be payable as follows:

1. Bank transfer against the invoice in CZK. Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.
2. credit card (+ 5% bank fee)
3. cash (CZK or EUR according to the current exchange rate)

**Note 2:**

**14th April 2018** is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms – **21 days prior to the Technical Meeting**.

If not cancelled in time, federations have to pay the reserved hotel rooms..

**If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.**

For referees **21st April 2018 (14 days prior to the Technical Meeting)** is the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's final nomination is stated at the EPF website (Referees/Jury under Upcoming Events). If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

**However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependant of the reason and decided by the jury in cooperation with the appointed technical committee member.**

### **Important warning for referees!!!**

At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.

**The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro."**

### **Arrivals/Departures:**

#### **Arrivals/Departures by plane – Vaclav Havel Airport Prague:**

Transport from Prague airport to hotel in Pilsen

When arriving 1 person:	2.900 CZK (Approx. 116 EUR) per person/one way
When arriving 2 people:	1.500 CZK (Approx. 60 EUR) per person/one way
When arriving 3 people:	1.100 CZK (Approx. 44 EUR) per person/one way
When arriving 4 people:	1.000 CZK (Approx. 40 EUR) per person/one way
When arriving 5 or more people:	650 CZK (Approx. 26 EUR) per person/one way

Please send your detailed travel itinerary to:

**Lucie Kanturkova** - e-mail: [transport-banquet@seznam.cz](mailto:transport-banquet@seznam.cz)

Use the transport-banquet form.

Transport must be paid in advance on account of the organizer against the invoice in CZK. **Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.**

If you order the transport, you must pay for it even if you later decide not to use it.

**Scales:** Scales available at venue and at the hotel.

**Training:** Training equipment (one training platform with approved powerlifting equipment) available at the hotel. This equipment can be used only by entered lifters during the championship.

**Flag and anthem:** Will be provided by the organizer

**Opening ceremony:** Monday, 7th May at 14:30 at Venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.

**Banquet:** **Sub-Junior and Junior banquet:** Tuesday 8th May at 20:00 at Parkhotel. Price **750 CZK** (Approx. 30 €) per person paid to the organizer.

**Closing banquet:** Saturday 12th May at 20:00 at Parkhotel. Price **870 CZK** (Approx. 35 €) per person paid to the organizer.

Tickets for the banquet please order at the transport-banquet form.

Tickets order send to:

**Lucie Kanturkova** - e-mail: [transport-banquet@seznam.cz](mailto:transport-banquet@seznam.cz)

Tickets for the banquet must be paid in advance on account of the organizer against the invoice in CZK. **Payment must be received at the bank account mentioned on the invoice at the latest 14 days prior to the beginning of the Championship.**

**Participation fee:** € 90,00 for the number of lifters nominated at the preliminary nomination, must be paid by bank transfer to the EPF bank account latest one day before the Technical Meeting.

**Anti-Doping fee:** € 50,00 for the number of lifters nominated at the preliminary nomination, must be paid by bank transfer to the EPF bank account latest one day before the Technical Meeting.

**EPF Invoices:** The invoice must be sent to the nominated federations by the EPF Treasurer at the latest 14 days prior to the day of the Technical Meeting for each of the European Championships (EPF BYLAWS 103.3.2.) Federations must pay participation and doping fees from the number of lifters declared at the preliminary nomination. Nominated reserve lifters are not included.

All invoices are published at the EPF web ([www.europowerlifting.org](http://www.europowerlifting.org)) under "SERVICES" >> "INVOICES". Every member federation may go to the EPF web-site and download their invoices. This was informed in the letter from our treasurer sent you 11.01.2018.

**Nominations:** Team nomination forms must be in the hands of the Meet Director - e-mail: [vmati@seznam.cz](mailto:vmati@seznam.cz)

and the EPF Championship secretary - e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com) not later than:

**Preliminary:** 6th March 2018 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

**Final:** 14th April 2018 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

#### **Confirmation of the referees participation.**

It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

**Correspondence:** E-mails regarding the championships must be sent to:

Lenka Matejovska - e-mail: [cpf@powerlifting.cz](mailto:cpf@powerlifting.cz)

and a copy

to the EPF Championship secretary:

Jiri Hofirek - e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

#### **Indemnity and Insurance:**

*All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee or IPF/ EPF accountable for and against any claims for personal injury, financial loss, death or property damage in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said European Championship.*

*All delegate members must have a valid incident and health insurance policy. The Organizer and the IPF/ EPF will not incur any expenses for a doctor or stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flight, sickness, accidents, thefts etc."*

**Referees:** All nominated referees attending a championship, must be available for at least two days! (see: IPF Technical Rules, chapter - Referees, page 31, paragraph 17).

Any nation participating in Championships with more than 3 lifters must include at least one international referee.

**Referees exam:** If referee's examination are arranged, the **written examinations will be done on Sunday 6th May mornig**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. Organizer will prepare a room for written examination.

**Victory Ceremonies:** Will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

**Important Note:** Changes of the timetable are possible by the amount of nominations at the Final nomination. On days when there are few referees available, some weight categories may be merged.

During high quality Live Stream of this Championship will be short 10 seconds graphic of each lifter profile introduction as they enter the platform. With the Preliminary nomination fo the championships each lifter must provide their profile plus a head shot photo. This will be Obligatory to provide!!! The photos must be a passport 'style' photo taken against a plain background and sent as a Jpeg to Richard Haywood: [epf@vivatv.es](mailto:epf@vivatv.es) with copy to Jiri Hofirek [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com) (only pictures with names). No nomination will be accepted without the profile and photo!

## Final timetable

### Open, Junior and Sub-Junior European Equipped Powerlifting Championships 2018

#### SUB-JUNIOR, JUNIOR

Day	Weigh-In Ttime	Classes	Categories	Number of lifters	Groups	Start	End	
<b>Sunday 06.05.2018</b>	07:00 - 08:30	Sub-Jr Women	-43 to -63 kg	13	1 <sup>st</sup> group	09:00	13:00	
		Sub-Jr Women	-72 to +84 kg	8	2 <sup>nd</sup> group			
	12:00 - 13:30	Sub-Jr Men	-53 to -66 kg	8	1 <sup>st</sup> group	14:00	18:00	
		Sub-Jr Men	-74 to -83 kg	12	2 <sup>nd</sup> group			
17:30 - 18:00	Sub-Jr Men	-93 to +120 kg	13	1 group	18:30	21:00		
<b>Monday 07.05.2018</b>	08:00 - 09:30	Jr Women	-43 to -57 kg	14	1 <sup>st</sup> group	10:00	14:00	
		Jr Women	-63 kg	7	2 <sup>nd</sup> group			
	<b>Opening ceremony</b>						<b>14:30</b>	
	13:00 - 14:30	Jr Men	-59 & -83 kg	14	1 <sup>st</sup> group	15:00	19:30	
Jr Men		-74 kg	10	2 <sup>nd</sup> group				
<b>Tuesday 08.05.2018</b>	08:00 - 09:30	Jr Women	-72 kg	7	1 <sup>st</sup> group	10:00	13:00	
		Jr Women	-84 to +84 kg	7	2 <sup>nd</sup> group			
	12:00 - 13:30	Jr Men	-93 & -105 kg	14	1 <sup>st</sup> group	14:00	18:30	
		Jr Men	-120 & +120 kg	9	2 <sup>nd</sup> group			
	<b>Sub-Junior, Junior banquet</b>						<b>20:00</b>	

## OPEN WOMEN, MEN

<b>Wednesday</b> 09.05.2018	09:00 - 10:30	Open Men	-59 & - 66 kg	9	1 group	11:00	13:30
	13:00 - 14:30	Open Women	-47 & - 52 kg	13	1 <sup>st</sup> group	15:00	19:30
Open Women		-57 kg	10	2 <sup>nd</sup> group			
<b>Thursday</b> 10.05.2018	09:00 - 10:30	Open Women	-63 kg	8	1 <sup>st</sup> group	11:00	14:30
		Open Women	-72 kg	10	2 <sup>nd</sup> group		
	14:00 - 15:30	Open Men	-74 kg	6	1 <sup>st</sup> group	16:00	19:30
		Open Men	-83 kg	10	2 <sup>nd</sup> group		
<b>Friday</b> 11.05.2018	08:00 - 09:30	Open Women	-84 kg	10	1 <sup>st</sup> group	10:00	13:30
		Open Women	+84 kg	6	2 <sup>nd</sup> group		
	12:00 - 13:30	Open Men	-93 kg	7	1 <sup>st</sup> group	14:00	18:00
		Open Men	-93 kg	11	2 <sup>nd</sup> group		
	16:30 - 18:00	Open Men	-105 kg	10	1 group	18:30	21:00
<b>Saturday</b> 12.05.2018	09:00 - 10:30	Open Men	-120 kg	9	1 <sup>st</sup> group	11:00	15:00
		Open Men	+120 kg	10	2 <sup>nd</sup> group		
	<b>Closing banquet</b>						<b>20:00</b>

Arnulf Wahlstrøm  
EPF President

Vladimir Mati  
Meet Director

Miroslav Vacek  
CPF President

Jiri Hofirek  
EPF Championship Secretary