



International Powerlifting Federation
and
European Powerlifting Federation
invite

IPF and EPF member nations to participate in the

2018 Arnold Classic Europe, Barcelona, Spain

The competition will take place 28 – 30 September:

- **Open Equipped Powerlifting, Male and Female**
- **Open Classic Powerlifting, Male and Female**
- **Open Classic Bench Press, Male and Female**
- **Open Deadlift, Male and Female**

Please note: all information is posted only for information purposes. All team selections, all official entries for the event must be done by IPF/EPF Member nations, NOT by individuals.

IPF/EPF reserves the right to limit the number of participants following the preliminary nomination if the total number is more than the capacity for 3 competition days. No restrictions on referees.

Awards: Cash prizes will be awarded

Free pass: for all lifters, referees, coaches and officials will receive passes to access the Arnold Classic Europe 2018 for all three days (except especial events at Fira Gran Via)

Please note, if an athlete, coach, referee and official gives his/her accreditation to a third person, they will be expelled from the event and he/she would be asked to pay the fee for a day entrance.

- **The organization reserves the right of admission against any athlete, coach, referee or official, as well as, his/her expulsion of the venue if there is violent or illicit attitude during the event.**

Meet director: Francisco Gutierrez

Address: Guadalhorce Street, 2, 2 - C, Alhaurin De La Torre
Malaga, Spain
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Email: fgpersonaltrainermlg@gmail.com

Event secretary: Jiri Hofirek,

Address: Malickeho 980, 410 02 Lovosice, Czech Republic
tel.: +420 739 405689, e-mail: epfsecretary@gmail.com

Technical secretary: Ralph Farquharson

Address: Galena 5, Casa 44, Villapiedra, 03189 Orihuela Costa, Alicante, Spain
Phone: +34 966 733 367, Mobile: +34 650 041 559, e-mail: ralph@europowerlifting.org

Host City: Barcelona, Spain

Date: 28 - 30 September 2018

Venue: Fira Gran Via, Barcelona

Technical meeting: Thursday, 27th September (TBA)

Scales: Scales available at venue

Each athlete must provide their profile with their Nomination

Participation fee: 90 EUR for each lifter must be paid by bank transfer to the IPF account before the Technical meeting.

Anti-Doping fee: 50 € for each lifter must be paid by bank transfer to the IPF account before the Technical meeting.

The IPF treasurer will send invoice for both Participation and Anti-doping fees to all entered Federations 14 days before the Technical meeting.

Payable must be receive by the IPF account: Bank transfer to the following bank account:

Name of the account:	International Powerlifting Federation
Name of the Bank:	Caisse d'Epargne de l'Etat du Luxembourg
Account number:	(IBAN) LU57 0019 1300 4802 3000
Bic Code:	BCEELULL
Address:	Place de Metz L-2954 Luxembourg

Federations must pay participation and doping fees from the number of lifters declared at the **preliminary nomination**. Nominated reserve lifters are not included.

Nominations: Team nomination forms must be in the hands of the championship Secretary **Jiri Hofirek** email: epfsecretary@gmail.com and the **Technical secretary: Ralph Farquharson** email: ralph@europowerlifting.org not later than:

Preliminary: 27th July 2018 Participation fee: € 90,00 for the number of lifters nominated at the preliminary nomination, must be paid by bank transfer to the IPF bank account latest one day before the Technical Meeting.

Anti-Doping Fee: € 50,00 for the number of lifters nominated at the preliminary nomination, must be paid by bank transfer to the IPF bank account latest one day before the Technical Meeting.

complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

Final: 7th September 2018 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!! Final nomination must be sent not later than 21 days before the date of the event, and must be made only from lifters

nominated in Preliminary nomination of the Arnold Classic Europe. This is inclusive of reserve or alternate lifters.

According to this, no reserve lifters can be included in the final nomination. The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination, no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referee's participation: It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Arnold Classic Europe.

Identification: all lifters are expected to present passports and other required documents at the weigh-in.

Indemnity and Insurance:

All participating federations and its delegated athletes and officials agree to indemnify and not hold the organizing committee or IPF/ EPF accountable for and against any claims for personal injury, financial loss, death or property damage in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said Arnold Classic Europe.

All delegate members must have a valid incident and health insurance policy. The Organizer and the IPF/ EPF will not incur any expenses for a doctor or stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flight, sickness, accidents, thefts etc.”

Preliminary timetable:

[Friday, 28 September 2018](#)

Open Classic -Men and Women Bench Press

Morning Session Women – Afternoon Session Men	
Weigh-in	TBA
Start of event	TBA

[Saturday, 29 September 2018](#)

Open Classic - Men and Women P/L

Morning Session Women – Afternoon Session Men	
Weigh-in	TBA
Start of event	TBA

[Sunday, 30 September 2018](#)

Open Equipped - Men and Women P/L

Morning Session Men and Women	
Weigh-in	TBA
Start of event	TBA

Open Deadlift -Men and Women

Afternoon session - Men and Women	
Weigh-in	TBA
Start of event	TBA

Important Note: Changes may be made to the schedule of events after the Final nomination depending on the number of lifters finally entered at this Final nomination. Changes of the timetable are possible by the amount of nominations after the Final nomination and at the Technical Meeting.

Victory ceremonies will be held immediately after lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Arnulf Wahlstrøm

EPF President

Francisco Gutierrez

Meet director

Ralph Farquharson

EPF Secretary General