



# EUROPEAN POWERLIFTING FEDERATION

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## Invitation

**The European Powerlifting Federation  
and  
the Slovak Bodybuilding and Powerlifting Association**

**invite  
the following EPF member nations to participate in the  
22<sup>nd</sup> Equipped & Classic Danube Powerlifting Cup 2017  
in Trenčin, Slovakia**

**Austria, Bulgaria, Croatia, Germany, Hungary, Romania, Serbia, Slovakia, Ukraine**

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

**Meet director:** **Pavol Kovalčík** tel.: +421 903 170 214  
e-mail: kovalcik.spccasta@gmail.com

**Accommodation, transport:** **Pavol Guga**, e-mail: sekretar@slovakstrongman.sk  
**+421 944 220 311**

**EPF Championship secretary:**

Jiri Hofirek, Malického 980, 410 02 Lovosice, Czech Republic  
tel.: +420 739 405689, e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

**Host city:** Trenčin, Slovakia

**Date:** 7 October 2017

**Venue:** Sport areal Na Ostrove, Trenčín

**Technical meeting:** Friday 6 October at Hotel Ostrov at 20:00.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).

**Hotel:**

1. Hotel Ostrov, address: Ostrov 241 Zamarovce, 91105 Trenčín, Slovensko

Double room: 30 EUR per person/night, including breakfast

Triple room: 26 EUR per person/night, including breakfast

2. Hotel Grand Trenčín address: Palackého 3477, 911 01 Trenčín, Slovensko

Single room: 65 EUR per night, including breakfast

Double room: 37 EUR per person/night, including breakfast

Prices include VAT and all town charges. Payment after arrival at organizer's can be done by card (VISA, Master Card) or in cash.

## Hotel bookings :

All athletes/nations are responsible for payment of their hotel expenses.  
The organizer of this event is not responsible for payment of hotel accommodations.

### **Note 1:**

All rooms must be booked at the latest with the deadline of the final nomination –

**15 September 2017.** After the deadline the organizer cannot guarantee accommodations.

All athletes, coaches, referees and officials from each federation must stay in the official hotel. If not, they have to pay an administration fee of €100 or they will not be allowed to participate in the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay **directly their rooms** by bank transfer or at the arrival at the Championship office.

**They mustn't pay the doping and the participation fees for this bank account!!!**

At all European Championships **the accommodation fees** shall be payable by bank transfer against the invoice or credit card as follows:

1. credit card (+ 5% bank fee)
2. cash inEUR according
3. Bank transfer against the invoice . Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.

**If you would like pay by the bank transfer against the invoice, the organizer will send invoice with the price of accommodation.**

### **Note 2:**

**15 September 2017** is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms – **21 days prior to the Technical Meeting.**

If not cancelled in time, federations have to pay the reserved hotel rooms (if the hotel require such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form. **If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.**

For referees is **22 September 2017 (14 days prior to the Technical Meeting)** the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's nomination is stated on EPF website on Referees/ Jury duty section. If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

**However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependent of the reason and decided by the jury in cooperation with the appointed technical committee member.**

### **Important warning for referees!!!**

**At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.**

**The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro."**

### **Arrivals/Transportation:**

Transport if need it from Trenčín railway station to the hotels is free of charge

Please send therefore your detailed travel itinerary to **Meet Director with copy to Pavol Guga**, so that the transfer can be provided.

**Teams competition:**

Invited from each federation is one team for Men and one team for Women equipped and classic (maximum 4 lifters on each team). The best 3 lifters of each team by Wilks points will count for the Cup awards. Winner in Equipped and in Classic teams will receive the Danube Cup. **The organizing federation can also nominate 2 teams of Women and Men Equipped and Classic competition. The members of the different teams per nation must be specified at the Technical Meeting.**

**Individual awards: In each weight category the first three lifters will receive medals for total. All participants will receive certification.**

**Scales:** Scales available at venue and at the hotel

**Flag and anthem:** Will be provided by the organizer

**Opening ceremony:** Saturday 7 October at **10:30** at venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.

**Closing banquet:** Saturday 7 October 2017 at 20:00 at hotel Ostrov. Price 20 € per person paid to the organizer.  
**The number of banquet tickets must be ordered at the Nomination form.**

**Participation fee:** **90 €** for each lifter must be paid by bank **transfer to the EPF bank account** before the Technical meeting.

**Anti-Doping fee:** **50 €** for each lifter must be paid by bank **transfer to the EPF bank account** before the Technical meeting.

**EPF Invoices:** **EPF treasurer** will send EPF invoices for both Antidoping and the Participation fees to all entered Federations 21 days before the Technical meeting.

**Nominations:** Team nomination forms must be in the hands of the Meet director and the EPF Championship secretary not later than:

**Preliminary:** **7 August 2017 complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.**

**Final:** **15 September 2016 - later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!!**

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

Confirmation of the referees participation.

It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

**Correspondence:** E-mails regarding the championships must be sent to:  
Pavol Müller, e-mail: [mullerp.bp@gmail.com](mailto:mullerp.bp@gmail.com)  
and a copy  
to the EPF Championship secretary:  
Jiri Hofirek, e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

**Health insurance:** All delegate members must have a valid health insurance. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Any nation participating in Championships with more than **3 lifters must include** at least one international referee.

### PROVISIONAL TIMETABLE DANUBE CUP 2017

Opening ceremony: Saturday, October 7, 2017 at 10:30 hours at venue

Day and date	Weigh-in time	Classes	Start	Number of Lifters	End
Saturday 7 October 2017	09:00 to 10:30	All Women classic and equipped I. group Men 66 – 83 kg classic and equipped II. group Men 93 – 120+ kg classic and equipped III. group Victory ceremony all lifters immediately After end of the competition	11:00	10 11 9	17:00
	20:00	Closing banquet			

**Arnulf Wahlström**  
President EPF

**Jiri Hofirek**  
EPF Championships Secretary

**Pavol Müller**  
Danube Cup Director

**Pavol Kovalčík**  
Meet Director