



EUROPEAN POWERLIFTING FEDERATION



Invitation

The European Powerlifting Federation
and
the Spanish Powerlifting Association

invite the EPF member nations to participate in the

European Open, Junior and Sub-Junior Equipped Powerlifting Championships 2017

in Malaga, Spain

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

Meet Director: Francisco Gutiérrez

Address: Jarapalos 14 (gimnasio), 29130 Alhaurin de la Torre, Málaga, Spain

Mobile: +34 650 644 069, e-mail: MalagaPowerChamp@gmail.com

Technical Secretary: Ralph Farquharson

Address: Galena 5, Casa 44, Villapiedra, 03189 Orihuela Costa, Alicante, Spain

Phone: +34 966 733 367, Mobile: +34 650 041 559, e-mail: ralph@europowerlifting.org

Visa request, accommodation & transport: Luis Tudela

Mobile: +34 620 715 280, e-mail: MalagaAccommodation@gmail.com

EPF Championship Secretary: Jiri Hofirek

Address: Malickeho 980, 410 02 Lovosice, Czech Republic

Phone: +420 739 405 689, e-mail: epfsecretary@gmail.com

Host city : Alhaurin de la Torre, Málaga, SPAIN

Date: 8 – 14 May, 2017

Venue: Edificio Promoción (Ciudad aeroportuaria)

Address: Avda. Gran Canaria 57, 29130 Alhaurin de la Torre, Malaga, SPAIN

Google Maps: <https://goo.gl/maps/85QQGwi55YC2>

General Assembly: Sunday, 7 May 2017 at the **Cortijo Chico** hotel at 18:00 hours. Free shuttle service between hotels prior & after General Assembly. 30 minutes break, after the General Assembly and before the technical meeting.

Technical meeting: Sunday, 7 May of 2017 at the Hotel at 21:00 hours. Free shuttle service between hotels prior & after Technical Meeting.

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of **250 Euro** will be imposed to the concerned national federation (see EPF By-laws 105.6).

Hotel: Sol Principe Melia **** (4 stars)

Address: Paseo Colorado 26, 29620 Torremolinos, Málaga, SPAIN

Phone: +34 952 384 100. Website: <http://www.melia.com/es/hoteles/espana/torremolinos/sol-principe>

E-mail: solprincipe.reservas@melia.com, GPS: N +36° 37' 56.63" / W -4° 29' 30.47"



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Price (in Euro) per room & night (breakfast buffet included):

- Single room: (1 people) 95.5 EUR
- Double room: (2 people) 115 EUR / with and extra bed (3 people) 165 EUR
- Junior Suite: (3 people) 172.5 EUR

Note 1:

All rooms must be booked at the latest with the deadline of the final nomination – **16 April 2017**. After the deadline the organizer cannot guarantee accommodations.

All athletes, coaches, referees and officials from each Federation must book their rooms by the organizer and have to stay in the official hotel during the championship. If not, they have to pay a **100 EUR** administration fee or they will not be allowed to participate in the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay directly their rooms by bank transfer or at the arrival at the Championship office. At all European championships, participating national federations shall be responsible for their own hotel bills. All pre-booked rooms have to be paid before the championships, except those rooms which have been cancelled until 21 days before the technical meeting for this competition (see EPF By-Laws 103.6).

Payable by: At all European Championships the accommodation fees shall be payable by bank transfer or credit card as follows:

1. Credit Card (+5% bank fee)

2. Bank Transfer to the following bank account:

Bank Account Owner: Club Deportivo Energy Alhaurín de la Torre

Bank Name: Caja Rural de Granada

IBAN: ES90 3023 0415 8061 4961 8800, **Swift Code:** BCOEESMM023

Income in Euros. Any wire fee and other charges must be paid by the orderer.

Payment must be received at the above mentioned bank account at the latest 14 days prior to the beginning of the Championship. **If you would like pay of the bank transfer the Organizer will send the invoice with accommodation and transport price.**

Note 2:

16 April 2017 is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms or changes in the number of ordered banquet tickets – **21 days prior to the Technical Meeting**.

If not cancelled in time, Federations have to pay the reserved hotel rooms (if the hotel requires such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form. **If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.**

For referees **23 April 2017 (14 days prior to the Technical Meeting)** is the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's nomination is stated on EPF website on Referees/Jury duty section. If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination

However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or 100 EUR in fine dependant of the reason and decided by the jury in cooperation with the appointed technical committee member.



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Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to **6 month** for the first offence and up to **12 month** for second offence and a maximum fine of **250 Euro** (see EPF Constitution 13.10.1).

Arrivals/DeparturesTransport: The organizer will provide transport between Malaga airport and train stations to hotel within 7:00 to 23:00 hours. Outside this period, the transport should be provided by the own traveller.

When arriving... 1 person: 25 EUR, 2 people: 15 EUR, 3 people: 10 EUR, 4 and more people: 5 EUR
(price in Euros per person each way).

Transport must be paid at the hotel to the Organization Officer or by wire to the Organizer bank account (see above bank account), at the latest 14 days prior to the beginning of the championship. Any national team will not be accredited until the reserved transportation has been paid. Please, send therefore your detailed travel itinerary to transport official so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

Scales: Scales will be available at the Venue and at the hotel

Training: Training facilities available at training area at the venue or/and at the hotel

Flag and anthem: The organizer will provide flags & anthems

Opening ceremony: Tuesday, 8 May at 11:00 hours at venue. One representative (either official or lifter) from each participating country shall take part at the ceremony.

Closing banquet: at hotel. Price 35 EUR per person paid to the Organizer with the accommodation fee by bank wire or on arrival. **The number of banquet tickets must be ordered at the Nomination form.**

- Banquet for Juniors & Sub-Juniors. Wednesday, 10 May at 20:30.
- Closing banquet. Sunday, 14 May at 20:00

Participation fee: 90 EUR for each lifter must be paid by bank transfer to the EPF bank account before the Technical meeting.

Anti-Doping fee: 50 EUR for each lifter must be paid by bank transfer to the EPF bank account before the Technical meeting.

EPF Invoices: EPF treasurer will send EPF invoices for both **Antidoping and the Participation fees to all Federations 14 days before the Technical meeting.**

Nominations: Team nomination forms must be send to the EPF Championships secretary and the Meet director not later than:

- **Preliminary:** **8 March 2017 Complete!!!** Filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.
- **Final:** **16 April 2017.** Late entries sent will NOT be accepted. Sending of the final nomination is obligatory!!!

Final nominations must be sent no later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination.

The body weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.



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Confirmation of the referees participation. It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.

Lifter Profile: During the high quality Live Streaming of this Championship there will be short 10 seconds graphic of each lifter profile introduction as they enter the platform. With the Preliminary Nomination for the championships each lifter **must provide their profile plus a head shot photo**. This will be **obligatory** to provide!!!. The photo must be taken against a plain background as **passport 'style'** and sent as .JPEG format to Richard Haywood: epf@vivatv.es with copy to Jiri Hofirek: epfsecretary@gmail.com (only pictures with names).

No nomination will be accepted without profile and photo!!!

Another lifter's documents: All lifters are expected to present passports and other required documents (anti-doping IPF Rules Appendix 2) at the weigh-in.

Referees: All nominated referees attending a Championship, must be available for at least two days!!! (see: IPF Technical Rules, chapter - Referees, page 31, paragraph 17). Any nation participating in Championships with more than 3 lifters must include at least one international referee.

Referees exam: If referee's examinations are arranged, the written examinations for referees cat. 2 will be done on **Monday morning, 8 May**, all candidates will do this exam together. EPF Technical Committee will decide about the date and time for each candidate to make the practical examinations. The organizer will prepare a room for written examination.

Correspondence: e-mails regarding the championships must be sent to the Meet Director, **Francisco Gutiérrez**, e-mail: MalagaPowerChamp@gmail.com, with a copy to the EPF Championship Secretary, **Jiri Hofirek**, e-mail: epfsecretary@gmail.com

Website: <http://www.europowerliftingmalaga.com/>

Insurance: All participants must have a valid incident and health insurance policy. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

Victory Ceremonies: Will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

Timetable: Important Note!!! Changes of the timetable are possible by the amount of nominations at the Final nomination. It may happen that weight classes are changed to different days. So it is important for the athletes not to book arrivals/departures days very close to the competition days.

On days when there is not any possibility to occupying all the posts of referees and jury members in all categories, the Technical Committee EPF may merge some weight categories in those days.

Arnulf Wahlstrøm
EPF President

Francisco Gutierrez
Meet Director

Jiri Hofirek
EPF Championships Secretary



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Provisional Timetable

European Open, Junior and Sub-Junior Equipped Powerlifting Championships 2017

Day	Weigh-In time	Classes Body Weigh (kg)	Start		Expected end of session
Monday 8 May 2017	8:00-9:30	Sub-Jr Women: -43 to +84	10:00		14:00
	13:00-14:30	Sub-Jr Men: -53 to -74	15:00		18:00
	16:30-18:00	Sub-Jr Men: -83 to +120	18:30		21:30
Tuesday 9 May 2017		OPENING CEREMONY	11:00		
	9:30-11:00	Jun Women: -43 to -57	11:30		14:30
	13:00-14:30	Jun Men: -53 to -74	15:00		18:00
	16:30-18:00	Jun Men: -83 to -93	18:30		21:30
Wednesday 10 May 2017	8:00-9:30	Jun Women: -63 to +84	10:00		13:00
	11:30-13:00	Jun Men: -93 to +120	13:30		17:30
Thursday 11 May 2017	9:30-11:00	Open Men: -59 to -66 Special Olympics: all	11:30		15:30
	14:00-15:30	Open Women: -47 to -57	16:00		20:00
Friday 12 May 2017	9:30-11:00	Open Women: -63 to -72	11:30		15:30
	14:00-15:30	Open Men: -74 to -83	16:00		20:00
Saturday 13 May 2017	9:30-11:00	Open Women: -84 to +84	11:30		14:30
	13:00-14:30	Open Men: -93 to -105	15:00		19:00
Sunday 14 May 2017	10:30-12:00	Open Men: -120 to +120	12:30		16:30