



# EUROPEAN POWERLIFTING FEDERATION

## Invitation

The European Powerlifting Federation  
and  
the Finnish Powerlifting Federation  
invite

the EPF member nations to participate in the

### European Classic Open, Masters, Junior & Sub-Junior Bench Press Championships 2017 in Ylitornio, Finland

Please note: all information is posted only for information purposes. All team selections, all official entries for the Championships and all hotel bookings must be done by EPF-Member nations, NOT by individuals.

**Meet Director:** Tero Hyttinen  
Tel.: +358443092269 e-mail: [tero.hyttinen@svnl.fi](mailto:tero.hyttinen@svnl.fi)

**Visa requests:** Timo Lillbacka e-mail: [sihteeri@svnl.fi](mailto:sihteeri@svnl.fi)

**Accommodation, transport:** Eugen Parviainen, address: Alkkulanrinne, FI-95600 YLITORNIO  
Tel.: +358405509282, e-mail: [aavasaksankisa@outlook.com](mailto:aavasaksankisa@outlook.com)

**EPF Championship Secretary:** Jiri Hofirek, Malickeho 980, 410 02 Lovosice, Czech Republic.  
Tel +420 739 405689, e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

**Host city:** Ylitornio, Finland

**Date:** 9 (Wed) – 13 (Sun) August 2017

**Venue:** Ylitornion Kuntotalo, Address: Alkkulanraitti 2, FI-95600 YLITORNIO

**Technical meeting:** Wednesday, August 9, 2017 at Hotel Kievari Ylitornio, Alkkulanraitti 67, Ylitornio, at 20:00

All participating nations in European championships should be represented at the Technical Meeting. If a representative of a participating nation is not present at the Technical Meeting prior to the European championship or has not informed the EPF Championship Secretary about his/her absence by confirming the participation of his/her federation's nominated lifters (by e-mail or phone) a fine of 250 Euro will be imposed to the concerned national federation (see EPF By-laws 105.6).

#### Hotels:

**1. Hotel Kievari Ylitornio**, Address: Alkkulanraitti 67, Ylitornio, Finland

Single room: 98 € per person/night, including breakfast  
Double room: 134 € **per room**/night, including breakfast  
Triple room: 194 € per room/night, including breakfast  
Extra bed: 60 € per person/night, including breakfast

**2. Lomakeskus Karemajat**, Address: Karemajojentie 219, Ylitornio, Finland

Single room: 90 € per person/night, including breakfast  
Double room: 110 € **per room**/night, including breakfast  
Triple room: 140 € per room/night, including breakfast  
Four pers room 195 € per room/night, including breakfast  
Cottage for four person, 160 € per cottage/night, no breakfast

### 3. Aavasaksa Experience , Address: Kilpisjärventie 581, Aavasaksa, Finland

Single room: 80 € per person/night, including breakfast

Double room: 80 € **per room**/night, including breakfast

Cottage for three 120 € per cottage/night, including breakfast

Cottage for four 120 € per cottage/night, including breakfast

### 4. Hotel Tornedalia, Address: Sockenvägen 1, Övertorneå, Sweden

Single room: 110 € per person/night, including breakfast

Double room: 125 € **per room**/night, including breakfast

Triple room: 172 € per room/night, including breakfast

Four pers room 230 € per room/night, including breakfast

Extra bed 60 € per person/night, including breakfast

#### **Note 1:**

All rooms must be booked **via championship organizer** at the latest with the deadline of the final nomination – **18 July, 2017**. After the deadline the organizer cannot guarantee accommodations.

All athletes, coaches, referees and officials from each federation must stay in the official hotel provided by the organizer during their whole stay at the Championship. If not, they have to pay an administration fee of €100 or they will not be allowed to participate in the championship.

The organizer will not be responsible for any hotel bills of the participating nations. All delegates must pay their rooms by bank transfer **to the organizer** or at the arrival at the Championship office **at accreditation table before check-in at hotel**. Accreditation must be made before check-in at hotel.

At all European Championships **the accommodation fees** shall be payable by bank transfer against the invoice or credit card as follows:

1. credit card (+ 5% bank fee)
2. cash (EUR according to the current exchange rate)
3. Bank transfer against the invoice - **on the basis of a requirements of participants only against the invoice** (EUR according to the current exchange rate). Payment must be received at the bank account mentioned on the invoice at the latest **14 days** prior to the beginning of the Championship.
4. **Accommodation fees** can also be paid by bank transfer to the bank account if the organizer writes number and other details of his bank account in the invitation:

**Bank address: Ylitornion Osuuspankki, Alkkulanraitti, FI-95600 Ylitornio, Finland**

**SWIFT code BIC: OKOYFIHH**

**IBAN: FI64 5533 0020 0689 33**

**Receiver's name: EM2017 Järjestelytoimikunta**

Payment must be received at the above mentioned bank account at the latest **14 days** prior to the beginning of the Championship.

#### **Note 2:**

**18 July, 2017** is the latest date for any removal of nominated lifters, cancellation of booked hotel rooms – **21 days prior to the Technical Meeting**.

If not cancelled in time, federations have to pay the reserved hotel rooms (if the hotel require such payment), the participation fee, the doping fee and the banquet fee for all lifters and officials specified at the final nomination form. **If requested visa is not obtained, the hotel must be notified latest 7 days prior to the technical meeting to cancel the reservation.**

**For referees is 25 July, 2017, it means 14 days prior to the Technical Meeting**, the latest day for changes of categories for which referee has been allocated in the final nomination which his national Federation sent to Championships Secretary.

The referee's nomination is stated on EPF website on Referees/ Jury duty section. If referees do not indicate changes to the Championships Secretary during that time, referees are obliged to be available for the original categories by the final nomination.

**However, federations may allocate duties between their own referees latest at the technical meeting upon agreement by the appointed technical committee member. Any changes, withdrawal or no show up by a referee regarding the allocated duty after the technical meeting, may impose a warning or €100 in fine dependent of the reason and decided by the jury in cooperation with the appointed technical committee member.**

## Important warning for referees!!!

**At the EPF General Assembly 2015 a new rule was adopted in the Constitution 13.10.1.**

**The rule states: "Any lifter or referee properly entered for a competition that without acceptable reasons does not attend, may be subject to suspension up to 6 month for the first offence and up to 12 month for second offence and a maximum fine of 250 Euro."**

### Airports - Arrivals/Transportation:

#### First Airport Rovaniemi 120 km to Hotel

##### Transport from airport to hotel:

When arriving 1 person: 45 € per person/one way

When arriving 2 people: 40 € per person/one way

When arriving 3 or more: 35 € per person/one way

#### Second Airport Kemi-Tornio 90 km to Hotel

##### Transport from airport to hotel:

When arriving 1 person: 40 € per person/one way

When arriving 2 people: 35 € per person/one way

When arriving 3 or more: 30 € per person/one way

Price of transport must be paid at arrival at the championships office. Any national team will not be accredited until the reserved transportation has been paid.

Please send therefore your detailed travel itinerary to Meet Director, so that the transfer can be provided. If you order the transport, you must pay for it even if you later decide not to use it.

**Scales:** Scales available at venue and at the hotels

**Training:** Training facilities available at training area at the venue

**Flag and anthem:** Organizer will take care of flags and anthems

**Opening ceremony:** Thursday, 10 August at 12:00 Venue. One representative (either lifter or official) from each participating country shall take part at the ceremony.

**Closing banquet:** For Masters Friday, 11 August at 20:00 at **Hotel Lomakeskus Karemajat**. Price 30 € per person paid to the organizer.

For Sub-Juniors, Juniors and Open Sunday, 13 August at 19:00 at **Hotel Lomakeskus Karemajat**. Price 30 € per person paid to the organizer.

**The number of banquet tickets must be ordered at the Nomination form.**

**Participation fee:** 90 € for each lifter must be paid by bank transfer to the EPF bank account before the Technical meeting.

**Anti-Doping fee:** 50 € for each lifter must be paid by bank transfer to the EPF bank account before the Technical meeting.

**EPF Invoices:** EPF treasurer will send EPF invoices for both Antidoping and the Participation fees to all entered Federations 14 days before the Technical meeting.

**Nominations:** Team nomination forms must be sent to the Meet Director e-mail [tero.hyttinen@svnl.fi](mailto:tero.hyttinen@svnl.fi)

and the EPF Championship secretary email [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com) not later than:

**Preliminary:** **June 9, 2017** complete filled in preliminary form must be sent. No final nomination will be accepted if a complete filled in preliminary nomination form was not sent in time.

**Final:** **July 18, 2017** – later entries sent on next days will not be accepted. Sending of the final nomination is obligatory!!!

Final nomination must be sent not later than 21 days before the date of the Championships, and must be made only from lifters nominated in Preliminary nomination of the Championship. This is inclusive of reserve or alternate lifters. According to this, no reserve lifters can be included in the final nomination.

The weight category of each lifter in the final selection (final nomination) is mandatory. After the final nomination no changes in the weight category in which the lifter is nominated will be allowed.

### Confirmation of the referees participation.

It is obligatory for every Federation to confirm the participation of their nominated Referees in the Final nomination or cancel the referees who will not participate in the Championships.

All lifters are expected to present passports and other required documents at the weigh-in.

**Correspondence:** E-mails regarding the championships must be sent to:

Meet Director and a copy to the

EPF Championship secretary:

Jiri Hofirek, e-mail: [epfsecretary@gmail.com](mailto:epfsecretary@gmail.com)

**Health insurance:** All participants must have a valid incident and health insurance policy. The Organizer and the EPF will not incur any expenses for a doctor or a stay in hospital. We recommend a travel insurance for covering loss of luggage, delayed flights, etc.

**Web site:** More information available at the special web site of the Championship: <http://suomenvoimanostoliitto.fi/classic-bp-european-2017-openmastersjunior>

**Victory Ceremonies:** will be held immediately after each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

**Referees:** **All nominated referees attending a championship, must be available for at least two days!!!** (see: IPF Technical Rules, chapter - Referees, page 31, paragraph 17).

Any nation participating in Championships with more than **3 lifters must include** at least one referee.

### Preliminary timetable

#### European Classic Open, Masters, Junior and Sub-Junior Bench Press Championships 2017

**Opening ceremony: Thursday, 10 August at 12:00 hours at venue**

**Wednesday August 9, 2017 at 19:00 Technical Meeting for all age categories**

Day	Age category	Classes	Weigh-in	Start	# of lifters	Groups	End
Thursday 10.8.2017	Women M2-M4	47-84+ kg	08:00-09:30	10:00	26	2	11:45
	<b>Opening Ceremony starts on Thursday 10th of August at 12:30</b>						
	Men M4	59-120+ kg	11:00-12:30	13:00	17	1	14:15
	Men M3	59-120+ kg	12:30-14:00	14:30	31	2	16:20
	Men M2	59-83 kg	14:30-16:00	16:30	19	2	17:40
	Men M2	93-120+ kg	16:00-17:30	18:00	24	2	19:20
Friday 11.8.2017	Women M1	47-84+ kg	08:00-09:30	10:00	16	1	11:10
	Men M1	59-83 kg	09:30-11:00	11:30	16	1	12:40
	Men M1	93-120+ kg	11:00-12:30	13:00	24	2	14:20
	Women Sub-Junior	43-84+ kg	13:00-14:30	15:00	16	1	16:10
	Men Sub-Junior	53-120+ kg	14:30-16:00	16:30	25	2	18:00
<b>Banquet for Masters on Friday 11th of August at 20:00</b>							
Saturday 12.8.2017	Women Junior	43-84+ kg	08:00-09:30	10:00	25	2	11:30
	Men Junior	53-83 kg	10:00-11:30	12:00	24	2	13:30
	Men Junior	93-120+ kg	13:00-14:30	15:00	20	2	16:10
	Women Open	47-63 kg	14:30-16:00	16:30	27	2	18:00
Sunday 13.8.2017	Men Open	59-74 kg	07:00-08:30	09:00	19	2	10:10
	Men Open	83 & 93 kg	08:30-10:00	10:30	18	2	11:30
	Women Open	72-84+ kg	10:00-11:30	12:00	17	2	13:00
	Men Open	105 kg	11:30-13:00	13:30	10	1	14:10
	Men Open	120-120+ kg	12:30-14:00	14:30	22	2	15:45
<b>Banquet for Junior &amp; Open categories on Sunday 13th of August at 19:00</b>							

Arnulf Wahlstrøm  
EPF President

Tero Hyttinen  
Meet director

Jiri Hofirek  
EPF Championships secretary

**Important Note:** Changes of the timetable are possible by the amount of nominations at the Final nomination. *On days when there are few referees available, some weight categories may be merged.*